

Pastimes The Context Of Contemporary Leisure 4th Edition Ebook

These practice guidelines draw upon the widest relevant knowledge and evidence available to describe and inform contemporary best practice occupational therapy for people with Parkinson's disease. They include practical examples of interventions to allow occupational therapists to apply new treatments to their practice.

Presenting evidence from an array of archival and original resources, this book chronicles the development and derailment of sectarian tensions in the city of Liverpool. Integrated teaching, learning, and assessment tools, created by a master teacher.

Leisure Program Planning and Delivery provides a comprehensive three-step plan for successful programming of leisure services and operational management of program systems in recreation and leisure service organizations. Grounded in contemporary professional practice and real-world applications, the book provides a systematic plan for students to learn the essentials of successful recreation programming, with examples of a variety of activities in community, outdoor, sport, cultural arts, and tourism sectors of the field.

In *Kanbunmyaku: The Literary Sinitic Context and the Birth of Modern Japanese Language and Literature*, Saito Mareshi demonstrates the centrality of kanbun and kanshi in the creation of modern literary Japanese and problematizes the modern antagonism between kanbun and Japanese.

Volume numbers determined from Scope of the guidelines, p. 12-13.

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What makes us happy? It's not wealth, youth, beauty, or intelligence, says Dan Buettner. In fact, most of us have the keys within our grasp. Circling the globe to study the world's happiest populations, Buettner has spotted several common principles that can unlock the doors to true contentment with our lives. Working with leading researchers, Buettner identifies the happiest region on each of four continents. He explores why these populations say they are happier than anyone else, and what they can teach the rest of us about finding contentment. His conclusions debunk some commonly believed myths: Are people who have children happier than those who don't? Not necessarily—in Western societies, parenthood actually makes the happiness level drop. Is gender equality a factor? Are the world's happiest places to be found on tropical islands with beautiful beaches? You may be surprised at what Buettner's research indicates. Unraveling the story of each "hotspot" like a good mystery, Buettner reveals how he discovered each location and then travels to meet folks who embody each particular brand of happiness. He introduces content, thriving people in Denmark, in Singapore, in northeastern Mexico, and in a composite "happiest place in America." In addition, he interviews economists, psychologists, sociologists, politicians, writers, and other experts to get at what contributes to each region's happiness, from the Danish concept of *hygge*, which translates to creating a feeling of coziness, to the Mexican love of a good joke. Buettner's findings result in a credible, cross-cultural formula and a practical plan to help us stack the deck for happiness and get more satisfaction out of life. According to Buettner's advisory team, the average person can control about forty percent of his or her individual happiness by optimizing life choices. These aren't unreasonable demands on a person's lifestyle, and they often require only slight changes. They fall into three categories

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that make up the way we live our lives: the food we eat, the way we exercise, and the social networks we foster. It's all about nourishing the body and the spirit. Heeding the secrets of the world's happiness all-stars can help us make the right choices to find more contentment in our own lives and learn how to thrive.

Acclaimed author Alex Espinoza takes readers on an uncensored journey through the underground, to reveal the timeless art of cruising. Combining historical research and oral history with his own personal experience, Espinoza examines the political and cultural forces behind this radical pastime. From Greek antiquity to the notorious Molly houses of 18th century England, the raucous 1970s to the algorithms of Grindr, Oscar Wilde to George Michael, cruising remains at once a reclamation of public space and the creation of its own unique locale—one in which men of all races and classes interact, even in the shadow of repressive governments

Kraus' *Recreation and Leisure in Modern Society* provides a detailed introduction to the history, developments, and current trends in leisure studies. The Twelfth Edition focuses on the challenges and opportunities impacting the profession—including dramatic demographic changes, new technologies, and innovations in marketing—through an array of pedagogical features, including engaging sidebars and case studies addressing contemporary issues. Focusing on ten different types of organizations—ranging from nonprofit community organizations and armed forces recreation to sports management and travel and tourism sponsors—the Twelfth Edition is an invaluable resource

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for students considering a career in the recreation and leisure industry

With as many as 1 billion people now using online communities such as newsgroups, blogs, forums, social networking sites, podcasting, videocasting, photosharing communities, and virtual worlds, the internet is now an important site for research. This exciting new text is the first to explore the discipline of 'Netnography' - the conduct of ethnography over the internet - a method specifically designed to study cultures and communities online. For the first time, full procedural guidelines for the accurate and ethical conduct of ethnographic research online are set out, with detailed, step-by-step guidance to thoroughly introduce, explain, and illustrate the method to students and researchers. The author also surveys the latest research on online cultures and communities, focusing on the methods used to study them, with examples focusing on the new elements and contingencies of the blogosphere (blogging), microblogging, videocasting, podcasting, social networking sites, virtual worlds and more. This book will be essential reading for researchers and students in social sciences such as anthropology, sociology, marketing and consumer research, organization and management studies and cultural and media studies. The proven model that offers powerful and elegant strategies for leaders *How Great Leaders Think: the Art of Reframing* uses compelling, contemporary examples to show how more complex thinking is the key to better leadership. Leaders who understand what's going on around them see what they need to do to achieve the

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results they want. Bolman and Deal's influential four-frame model of leadership and organizations—developed in their bestselling book, *Reframing Organizations: Artistry Choice and Leadership*—offers leaders an accessible guide for understanding four major aspects of organizational life: structure, people, politics, and culture. Tapping into the complexity enables leaders to decode the messy world in which they live, see more options, tell better stories, and find strategies that are more effective. Case examples of leaders like Jeff Bezos at Amazon, Howard Schultz at Starbucks, Tony Hsieh at Zappos, Ursula Burns at Xerox, and the late Steve Jobs at Apple provide concrete lessons that readers can put to use in their own leadership. The book's lessons include: How to use structural tools to organize teams and organizations for better results How to build motivation and morale by aligning organizations and people How to map the terrain and build a power base to navigate the political dynamics in organizations How to develop a leadership story that shapes culture, provides direction, and inspires commitment to excellence

Physical inactivity is a key determinant of health across the lifespan. A lack of activity increases the risk of heart disease, colon and breast cancer, diabetes mellitus, hypertension, osteoporosis, anxiety and depression and others diseases. Emerging literature has suggested that in terms of mortality, the global population health burden of physical inactivity approaches that of cigarette smoking. The prevalence and substantial disease risk associated with physical inactivity has been described as a pandemic. The prevalence, health impact, and

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evidence of changeability all have resulted in calls for action to increase physical activity across the lifespan. In response to the need to find ways to make physical activity a health priority for youth, the Institute of Medicine's Committee on Physical Activity and Physical Education in the School Environment was formed. Its purpose was to review the current status of physical activity and physical education in the school environment, including before, during, and after school, and examine the influences of physical activity and physical education on the short and long term physical, cognitive and brain, and psychosocial health and development of children and adolescents. Educating the Student Body makes recommendations about approaches for strengthening and improving programs and policies for physical activity and physical education in the school environment. This report lays out a set of guiding principles to guide its work on these tasks. These included: recognizing the benefits of instilling life-long physical activity habits in children; the value of using systems thinking in improving physical activity and physical education in the school environment; the recognition of current disparities in opportunities and the need to achieve equity in physical activity and physical education; the importance of considering all types of school environments; the need to take into consideration the diversity of students as recommendations are developed. This report will be of interest to local and national policymakers, school officials, teachers, and the education community, researchers, professional organizations, and parents interested in physical activity,

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physical education, and health for school-aged children and adolescents.

Surveillance happens to all of us, everyday, as we walk beneath street cameras, swipe cards, surf the net.

Agencies are using increasingly sophisticated computer systems - especially searchable databases - to keep tabs on us at home, work and play. Once the word surveillance was reserved for police activities and intelligence gathering, now it is an unavoidable feature of everyday life. Surveillance as Social Sorting proposes that surveillance is not simply a contemporary threat to individual freedom, but that, more insidiously, it is a powerful means of creating and reinforcing long-term social differences. As practiced today, it is actually a form of social sorting - a means of verifying identities but also of assessing risks and assigning worth. Questions of how categories are constructed therefore become significant ethical and political questions. Bringing together contributions from North America and Europe, Surveillance as Social Sorting offers an innovative approach to the interaction between societies and their technologies. It looks at a number of examples in depth and will be an appropriate source of reference for a wide variety of courses.

Wilde's witty and buoyant comedy of manners, filled with some of literature's most famous epigrams, reprinted from an authoritative British edition. Considered Wilde's most perfect work.

We English is a glorious portfolio of landscapes revealing the English at leisure, presented in an exquisite oversize edition. It is the result of one years travel around England by Roberts,

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documenting its landscape on a large format 5x4 camera. Informed by the photography of his predecessors Tony Ray Jones, John Davies and Martin Parr, by the romantic tradition of English landscape painting, and by the human landscapes of LS Lowry. Roberts discovers an England that's quirky and touching, and remarkably beautiful. This is the most significant contribution to the photography of England since John Daviess *The British Landscape*. His work is set in the context of the representation of England in Art by writer and historian, Professor Stephen Daniels.

The Eighth Edition Of This Classic Textbook Continues To Provide A Detailed Overview Of The History, Developments, And Current Trends In Leisure Studies. It Has Been Heavily Revised To Reflect Recent Societal Changes And The Challenges That Face The Leisure-Services Industry In The 21st Century. Students Will Learn How Trends Such As Dramatic Shifts In Population Make-Up, The Impact Of Technology, And Marketing Affect Leisure-Service Systems And The Recreation And Park Professions. To Reflect These Trends, The Text Focuses On Ten Different Types Of Organizations, Ranging From Nonprofit Community Organizations Or Armed Forces Recreation To Sports Management And Travel And Tourism Sponsors.

Special interest tourism is one of the fastest growing segments within the tourism industry. A more mature travelling public is increasingly seeking experiences which satisfy a whole spectrum of interests. Accordingly, there is a need for new tourism products, services and experiences that cater to these markets. Special interest tourism incorporates various sectors such as regional, urban, community, environmental, cruise, heritage, cultural, sex and educational tourism, all of which are discussed in this new text. Special interest tourism products operate within a broad industry framework affecting the social, political, environmental and

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economic context of the tourism region and tourist market. The authors discuss special interest tourism strategies, policies and initiatives introduced in Australia and internationally. The text combines theory and industry applications to illustrate the diversity of tourism product and development as it relates to special interest tourism.

"In this book I have written about some aspects of the war which, I believe, the world must know and remember, not only as a memorial of men's courage in tragic years, but as a warning of what will happen again-surely-if a heritage of evil and of folly is not cut out of the hearts of peoples. Here it is the reality of modern warfare not only as it appears to British soldiers, of whom I can tell, but to soldiers on all the fronts where conditions were the same." This book is part of the World War One Centenary series; creating, collating and reprinting new and old works of poetry, fiction, autobiography and analysis. The series forms a commemorative tribute to mark the passing of one of the world's bloodiest wars, offering new perspectives on this tragic yet fascinating period of human history. Each publication also includes brand new introductory essays and a timeline to help the reader place the work in its historical context.

How has a game brought together Americans and defined separate ethnic communities? This book tells the first history of mahjong and its meaning in American culture. Click-click-click. The sound of mahjong tiles connects American expatriates in Shanghai, Jazz Age white Americans, urban Chinese Americans in the 1930s, incarcerated Japanese Americans in wartime, Jewish American suburban mothers, and Air Force officers' wives in the postwar era. Mahjong: A Chinese Game and the Making of Modern American Culture illustrates how the spaces between tiles and the moments between games have fostered distinct social cultures in the United States. This mass-produced game crossed the Pacific,

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creating waves of popularity over the twentieth century. Annelise Heinz narrates the history of this game to show how it has created a variety of meanings, among them American modernity, Chinese American heritage, and Jewish American women's culture. As it traveled from China to the United States and caught on with Hollywood starlets, high society, middle-class housewives, and immigrants alike, mahjong became a quintessentially American game. Heinz also reveals the ways in which women leveraged a game to gain access to respectable leisure. The result was the forging of friendships that lasted decades and the creation of organizations that raised funds for the war effort and philanthropy. No other game has signified both belonging and standing apart in American culture. Drawing on photographs, advertising, popular media, and dozens of oral histories, Heinz's rich and colorful account offers the first history of the wildly popular game of mahjong.

Six-hundred-year-old tales with modern relevance. This stunning full-colour edition from the bestselling Cambridge School Chaucer series explores the complete text of The Merchant's Prologue and Tale through a wide range of classroom-tested activities and illustrated information, including a map of the Canterbury pilgrimage, a running synopsis of the action, an explanation of unfamiliar words and suggestions for study. Cambridge School Chaucer makes medieval life and language more accessible, helping students appreciate Chaucer's brilliant characters, his wit, sense of irony and love of controversy.

Alongside annals, chronicles were the main genre of historical writing in the Middle Ages. Their significance as sources for the study of medieval history and culture is today widely recognised not only by historians, but also by students of medieval literature and linguistics and by art historians. The series *The Medieval Chronicle* aims to provide a

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representative survey of the on-going research in the field of chronicle studies, illustrated by examples from specific chronicles from a wide variety of countries, periods and cultural backgrounds.

Children are already learning at birth, and they develop and learn at a rapid pace in their early years. This provides a critical foundation for lifelong progress, and the adults who provide for the care and the education of young children bear a great responsibility for their health, development, and learning. Despite the fact that they share the same objective - to nurture young children and secure their future success - the various practitioners who contribute to the care and the education of children from birth through age 8 are not acknowledged as a workforce unified by the common knowledge and competencies needed to do their jobs well.

Transforming the Workforce for Children Birth Through Age 8 explores the science of child development, particularly looking at implications for the professionals who work with children. This report examines the current capacities and practices of the workforce, the settings in which they work, the policies and infrastructure that set qualifications and provide professional learning, and the government agencies and other funders who support and oversee these systems. This book then makes recommendations to improve the quality of professional practice and the practice environment

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for care and education professionals. These detailed recommendations create a blueprint for action that builds on a unifying foundation of child development and early learning, shared knowledge and competencies for care and education professionals, and principles for effective professional learning. Young children thrive and learn best when they have secure, positive relationships with adults who are knowledgeable about how to support their development and learning and are responsive to their individual progress. Transforming the Workforce for Children Birth Through Age 8 offers guidance on system changes to improve the quality of professional practice, specific actions to improve professional learning systems and workforce development, and research to continue to build the knowledge base in ways that will directly advance and inform future actions. The recommendations of this book provide an opportunity to improve the quality of the care and the education that children receive, and ultimately improve outcomes for children.

The CEFR Companion volume broadens the scope of language education. It reflects academic and societal developments since the publication of the Common European Framework of Reference for Languages (CEFR) and updates the 2001 version. It owes much to the contributions of members of the language teaching profession across Europe and

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beyond. This volume contains: ? an explanation of the key aspects of the CEFR for teaching and learning; ? a complete set of updated CEFR descriptors that replaces the 2001 set with: - modality-inclusive and gender-neutral descriptors; - added detail on listening and reading; - a new Pre–A1 level, plus enriched description at A1 and C levels; - a replacement scale for phonological competence; - new scales for mediation, online interaction and plurilingual/pluricultural competence; - new scales for sign language competence; ? a short report on the four-year development, validation and consultation processes. The CEFR Companion volume represents another step in a process of engagement with language education that has been pursued by the Council of Europe since 1971 and which seeks to: ? promote and support the learning and teaching of modern languages; ? enhance intercultural dialogue, and thus mutual understanding, social cohesion and democracy; ? protect linguistic and cultural diversity in Europe; and ? promote the right to quality education for all. Modern life is often described as an iron cage from which there is no escape. But popular culture venerates leisure and travel as authentic escape routes from routine and monotony. However what kind of escape is tolerated in modern society? How is it shaped by historical expectations of leisure and travel? And what do we actually experience when we

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engage in leisure or travel activity? This fascinating and accomplished book tries to supply answers to these questions. A major scholarly contribution to the sociological analysis of leisure, pleasure and travel, Dr Rojek's study is a radical challenge to the existing paradigmatic orthodoxy. Bryan S. Turner, University of Essex.

Vice and the Victorians explores the ways the Victorian world gave meanings to the word 'vice', and the role this complex notion played in shaping society. Mike Huggins provides a richer and more nuanced understanding of a term that, despite its vital importance to the Victorians, has thus far lacked a clear definition. Each chapter explores a different facet of vice. Firstly, the book seeks to define exactly what vice meant to the Victorians, exploring how the language of vice was used as a tool to beat down opposition and dissent. It considers the cultural geography and spatial dimensions of vice in the public and private spheres, before moving on to look at specific vices: the unholy trinity of drink, sex and gambling. Finally, it shifts from vice to virtue and the efforts of moral reformers, and reassesses the relationship between vice and respectability in Victorian life. In his lively and engaging discussion, Mike Huggins draws on a range of theory and exploits a wide variety of texts and representations from the periodical press, parliamentary reports and Acts, novels, obscene publications, paintings and

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posters, newspapers, sermons, pamphlets and investigative works. This will be an illuminating text for undergraduates studying Victorian Britain as well as anyone wishing to gain a more nuanced understanding of Victorian society.

We are entering a new era of leisure. Quality rather than quantity is now the focus of researchers, policymakers and managers. Technological change, an ageing population and a harsh economic climate are changing the values and practices of leisure, as well as the relationship between leisure, society and the individual. *Contemporary Perspectives in Leisure* uses a variety of disciplinary approaches to introduce the most important trends in contemporary leisure in the Twenty-First Century. With contributions from some of the leading international figures in modern leisure studies, the book examines key philosophical and theoretical debates around leisure, with reference to concepts such as happiness, enjoyment and quality of life, as well as the most interesting contemporary themes in leisure studies, from youth leisure and 'dark' leisure to technology and adventure. Understanding changes in leisure helps us to better understand changes in wider society. *Contemporary Perspectives in Leisure* is a perfect companion to any course in leisure studies, and useful reading for any student or scholar working in sociology, cultural studies, recreation, tourism, sport, or social psychology.

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This sixth edition reflects almost 40 years of scholarship as well as professional and personal practice in recreation, parks, and tourism. The text has become one of the most widely adopted titles in university courses worldwide. In this new edition of the book, the phenomenon of leisure is presented through new research findings and contemporary societal dilemmas to suggest that leisure is one of the most interesting, relevant, and exciting subjects of study today. The book reflects a wide range of material from the disciplines of leisure studies, sociology, psychology, economics, political science, anthropology, geography, the humanities, and media and cultural studies. Indeed, more than a textbook, this is very much a point of view. Leisure is presented as a human phenomenon that is individual and collective, vital and frivolous, historical and contemporary, factual and subjective, and good and bad. As a learning tool, this sixth edition teaches more. It contains updated and new illustrations of concepts through field-based cases, biographical features, exploratory activities, and research studies. In the first part, leisure is defined as a condition of humanity. Its meanings are traced through the humanities and history, as well as in today's connotations. The benefits of leisure are presented, ranging from freedom to pleasure to risk to spirituality, and leisure's benefit to healthful well-being is demonstrated. As well, part one of the text

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presents theories for explaining leisure behavior. Part Two discusses leisure as a cultural mirror -- its societal context. Chapters include leisure and anthropology, geography, technology, popular culture, and taboo recreation. Finally, in Part Three, the functional side of leisure is explored in terms of its instrumental relationship to work, money, time, and equity. Leisure systems of public, private, and commercial sponsorship are described to confirm leisure's utility. Instructor resources and a website for student resources available.

Learning cities call for a connection of adult education to elementary, secondary, and postsecondary institutions along with vocational and corporate workspaces. This volume considers how "learning cities for adult learners" could be created in America that promote lifelong learning and education. Encouraging a widespread approach to educate and learn across disciplines, within communities, and inside the minds of all people, topics covered include:

- workplace and organizational learning,
- community engagement and service learning,
- public libraries and cooperative extension, and
- leisure, recreation, and public health education.

This is the 145th volume of the Jossey Bass series *New Directions for Adult and Continuing Education*. Noted for its depth of coverage, it explores issues of common interest to instructors, administrators, counselors, and

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policymakers in a broad range of education settings, such as colleges and universities, extension programs, businesses, libraries, and museums.

The worldwide financial crash and the ensuing recession have coincided with other significant long term changes for the Western Economies of Europe and the USA, especially the growing strength of newly developed economies, demographic and technological change, institutional crises and political uncertainty. The interconnected nature of businesses and societies mean the competitive landscape is being transformed, and new economic pressures and opportunities are producing new business models, a rebalancing of economies, and a new HRM. The application of new technology to the processes and systems of people management is spreading, in a world where competitive advantage is increasingly about how smart the management processes are, and how well people are managed. This text is the first book to analyse the way these contextual pressures are producing a game change in the human resource function of management. For anyone who has an HR role or is a line manager, or a student of management, and for those who teach, research or consult in the field, this book encapsulates these critically important trends and what they mean for managing people in the 21st Century.

Hard Times illustrated Charles Dickens - Hard Times: For These Times (commonly known as Hard Times) is the tenth novel by Charles Dickens, first published in 1854. The book surveys English society and satirises the social and economic conditions of the era. "Now, what I want is, Facts. . . . Facts alone are wanted in life." Thus begins Superintendent Mr. Gradgrind—a wealthy, retired merchant—addressing a group of young students at his school in the industrial town of Coketown, England. A rigid man of fact, rational self-interest

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and realities, he not only teaches his pupils according to the utilitarian principles, but also raises his children with the same philosophy. When they grow up, as their lives begin to turn chaotic, they reproach their father for their upbringing. Will Mr. Gradgrind realize his flaws and become a humble man? Satirizing the laissez-faire system, Dickens' *Hard Times* lays bare the wide gap between the rich and the poor. Criticizing the materialistic world, this Victorian novel throws light on the value of emotions and the human heart. It has undergone several film and theatre adaptations.

Children's health has made tremendous strides over the past century. In general, life expectancy has increased by more than thirty years since 1900 and much of this improvement is due to the reduction of infant and early childhood mortality. Given this trajectory toward a healthier childhood, we begin the 21st-century with a shocking development—an epidemic of obesity in children and youth. The increased number of obese children throughout the U.S. during the past 25 years has led policymakers to rank it as one of the most critical public health threats of the 21st-century. *Preventing Childhood Obesity* provides a broad-based examination of the nature, extent, and consequences of obesity in U.S. children and youth, including the social, environmental, medical, and dietary factors responsible for its increased prevalence. The book also offers a prevention-oriented action plan that identifies the most promising array of short-term and longer-term interventions, as well as recommendations for the roles and responsibilities of numerous stakeholders in various sectors of society to reduce its future occurrence. *Preventing Childhood Obesity* explores the underlying causes of this serious health problem and the actions needed to initiate, support, and sustain the societal and lifestyle changes that can reverse the trend among our children and youth.

While the social identity of women in medieval society hinged

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largely on the ritual of marriage, identity for men was derived from belonging to a particular group. Knights, monks, apprentices, guildsmen all underwent a process of initiation into their unique subcultures. As *From Boys to Men* shows, the process of this socialization reveals a great deal about medieval ideas of what it meant to be a man—as distinguished from a boy, from a woman, and even from a beast. In an exploration of the creation of adult masculine identities in the fourteenth and fifteenth centuries, *From Boys to Men* takes a close look at the roles of men through the lens of three distinct institutions: the university, the aristocratic household and court, and the craft workshop. Ruth Mazo Karras demonstrates that, while men in the later Middle Ages were defined as the opposite of women, this was never the only factor in determining their role in society. A knight proved himself against other men by the successful use of violence as well as by successful control of women. University scholars proved themselves against each other through a violence that was metaphorical and against other men by their Latinity and their use of the tools of logic and rationality. Craft workers proved their manhood by achieving independent householder status. Drawing on sources throughout Northern Europe, including court records and other administrative documents, prescriptive texts such as instructions for dubbing to knighthood, biographies, and imaginative literature, *From Boys to Men* sheds new light on how young men were trained to take their place in medieval society and the implications of that training for the construction of gender in the Middle Ages. Rescuing maleness from its classification as an ungendered category, *From Boys to Men* unravels what it meant to be men in a womanless context, revealing the common threads that emerge from the study of young manhood in various disparate institutional settings.

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Electronic Inspection Copy available for instructors here What is the place of leisure in societies where people complain of 'over-work'? How do personal freedom and choice relate to the inequalities of class, gender, disability and ethnicity? This critical introduction to the field offers a systematic account of the meaning and structure of leisure today. The book: • situates the student in the field • provides a comprehensive account of the leading approaches to leisure • explores the influence of class, race, gender, ethnicity, disability and age • discusses to role of the state • examines leisure in the context of changing work relationships • locates leisure in the debate around globalization In short, this is an indispensable, one-stop guide to understanding leisure.

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