

## No Excuses The True Story Of A Congenital Amputee Who Became Champion In Wrestling And Life Kyle Maynard

No Excuses Accepted: Motivation on the Road to Recovery is about overcoming life's difficulties. Jim Flood writes about his personal experience of recovery in the aftermath of a serious automobile accident that put him in a coma with multiple fractures throughout his body and a serious brain injury that left him unable to think clearly, remember his family, or run his business. It took Jim three years and eight surgeries to be able to function properly again. How do we recover from such a tragic event? What motivates us to keep going, and what do we focus on? Jim outlines what he did to help keep his spirits high when life looked so bleak. This book is not only about recovery from injury, but about overcoming any difficult situation life throws our way. Jim uses his injury as an extreme metaphor for overcoming the problems we may encounter on this journey called life.

Lets face it, you will never be as good as you have the potential to be. It applies to each and every one of us. We have an unlimited amount of potential waiting to be unleashed. In this, his 3rd Book, Richard McCann shares not just his story but the way in which he transformed both his life and his business too. It's full of practical and easy to apply tips that can help you grow both as a person and your business. Its also full of inspirational individuals who Richard has encountered along his extremely inspirational journey. Richard McCann is a Sunday Times No.1 Bestselling author and his first book sold almost 1/2 million copies and was translated into many languages around the world. He went from being written off to now being written about. A play inspired by his life has been seen in Leeds and London. He has now become one of the busiest inspirational speakers in the UK speaking around 200 times a year and in this book you will get to see just what the fuss is about.

He was born a congenital amputee, his arms ending at his elbows and his legs at his knees. But that didn't stop Kyle Maynard from becoming a champion, on the wrestling mat and in his life. No Excuses is the inspiring story of Kyle's battle against the odds. You'll learn about the family who supported him, the coach who trained him, and the faith that strengthened him to face the toughest fights.

The Highly Effective Methods to Rid Yourself of Procrastination (It's Not Eat That Frog ) Are you frustrated of not able to start what you put your mind too? Angered by your cluttered mind and waste the day away doing non-essential work? Want to become a top performer getting more work done in a week than in the last year? If you're someone who gets stuck in negative thought patterns that hold you back from your true potential. This book will change your existence. Right now, it seems impossible to take back control. You lack willpower, have no motivation, you're too tired to focus. The real problem? You're stuck with the same mindset and habits. Doing the same thing but I'm here to introduce another perspective. One that will change your thought process and develop long term habits that make you productive. When you order this book you can: Realize a simple proven 5 step system to stop procrastinating GUARANTEED to work. Eliminate exhaustion and discover how to work with intense focus for hours. Reveal the one TRUE secret to become and stay motivated for life.

What is stopping you from having a great career? The answer, quite probably, is you. After all, it is so easy to settle for the dull but safe, or to allow yourself to become trapped in a career you dislike, or to persuade yourself that the job you really want is out of your reach. But it doesn't have to be that way. In No Fears, No Excuses, renowned 'career whisperer' Professor Larry Smith shows you precisely how to secure a great future. Building on his hugely popular TEDx talk, 'Why You Will Fail to Have a Great Career', he shows why people so often get stuck on the wrong path. He then takes you step by step from that initial point when you are considering your options to the moment when you pitch for that perfect job – showing you exactly what decisions you need to make, and when. Whether you are starting out, looking to move up, or hoping to change direction altogether, this book will guide you towards a happier, more fulfilled career – now.

Wasted minutes. Missed chances. Squandered passion. Unrealized dreams. Millions of people live a life from the safety of their comfort zone, hedged in by excuses, only to be buried with a lifetime of potential still bubbling below the surface, begging to be uncorked. What will be your life's story? Have you lost opportunities, visions, and relationships to the destructive lie of an excuse? How long will you allow excuses to keep you from: Being all that God called you to be Trusting your God-given abilities and starting a business Stepping out in faith and shifting your relationships Reaching your goals Pursuing a higher level of education In Excuses, Excuses: Which One is Yours?, master motivator and internationally renowned speaker Peter Lopez unlocks key biblical principles and lessons designed to shake the very core of who you are and redirect your steps to the path you were destined to travel. Stocked full of tips, ideas, worksheets and practical applications, Excuses, Excuses harnesses the transformative power of Christ with relevant and practical tools, to turn the "everyday excuser" into an everyday dreamer-and-doer. What excuses have you been hiding behind? What lies have you allowed yourself to believe? What will be your life's story?

Are you looking for some Workout and overall Fitness Motivation? Are you battling the all to common "Sitting of the Sofa is Easier" syndrome. Well I believe reading Hasan's True Life Story will help you with that. In fact, I'm pretty sure you'll be ready to hit the Gym with gusto. After you read how Hasan competes in Bodybuilding & Men's Physique competitions, all while battling a degenerative central nervous system disease. His true life story of daily perseverance and commitment to his goals, regardless of his medical diagnosis is truly Inspiring & Motivating. Without further ado, I'll let Hasan Banks explain more. He'll be able to fill you in on the details of his life's Journey, and how he's able to do some truly extraordinary things...regardless of his medical struggles. My name is Hasan Banks and I'm a NPC Men's Bodybuilding & Physique Competitor. Fortunately I was diagnosed with a neurological disorder called Spinocerebellar Ataxia Type 7. This disorder impairs my motor skills so I have problems with my walking, balance, coordination, vision and speech. While living with ataxia hasn't been easy, I've chosen to stay positive and focus on what I can control. Through my faith I have been blessed with the strength to keep moving forward and not quit. I want my personal struggles and journey through the world of fitness to help people believe that they can accomplish anything they want. And they can do this, regardless of the physical, mental or emotional difficulties that they face. That is why I do what I do. To help people stay positive and do amazing things. Training in Fitness and Bodybuilding has taught me that I can and should love life and make No Excuses. It has made my mind strong and focused on getting Just Results, No Excuses! Complaining about my situation will not change things for the better. I look to the sky and do whatever it takes to Never Give Up! I use everyday as a chance to grow and I am so very Grateful to have a platform to Help People see that Nothing is Impossible.

Weis was taught football by some of the best minds in the game: Bill Parcells and Bill Belichick. Parcells would give him a life-defining break in 1990 by hiring him as an assistant on the New York Giants staff. For a Jersey guy who loved sports, this was a dream come true, especially when Weis won his first championship in his debut year in the NFL. He'd always wanted to be a sports announcer—the next Marv Albert—but he'd caught the coaching bug and was now in a position to learn from the best. And he did, following Parcells to the New England Patriots and then to the New York Jets. Under enormous pressure and exacting standards, Weis flourished and later became offensive coordinator. When Parcells stepped down as coach of the Jets, Weis joined his colleague and friend Bill Belichick, who was the newly named Patriots head coach. Together they would thrive, building a storied franchise, a rare modern-day dynasty that won three Super Bowls in four years. Through it all, Weis designed offensive schemes that would befuddle even the best defenses in the NFL, and he coached a number of players to greatness, including Pro Bowlers Ben Coates, Curtis Martin, and, of course, Tom Brady. The chance of a lifetime arrived in December of 2004: Weis was offered the opportunity to lead one of the most prestigious football schools in the country, Notre Dame—home of coaching legends Knute Rockne, Frank Leahy, Ara Parseghian, Dan Devine, and Lou Holtz. And so began a new chapter in Weis's career. Weis took over a program in dire need of direction, and now he is in the process of building his own legacy with his

unique vision. Off the field, Weis faced his other challenges. Seeking to improve his health and lose weight, he decided to get gastric bypass surgery. What he thought would be a routine procedure turned into a nightmare as he nearly bled to death, lapsed into a coma, and was read the last rites. It was a horrifying experience, yet he battled back in inspiring fashion and still demands nothing less of himself despite the long-lasting aftereffects. He has had his joys, too. Weis considers his wife, Maura, his best friend. They have two beautiful children: Charlie, his "best buddy," and Hannah, who he and his wife consider their "guiding angel." Hannah is developmentally delayed and has been the inspiration leading to the establishment of Hannah and Friends, a nonprofit foundation seeking to improve the quality of life for people with special needs. No Excuses is not only illuminating and insightful, it is an extraordinary look inside one of football's greatest minds who has helped shape today's game.

With her acclaimed Fearless Living program, Rhonda Britten has helped thousands of people let go of indecision, gain clarity of purpose, and take life-changing risks. With inspiring true stories, self-affirmations, and exercises, she exposes the roots of fear and gives the reader tools to move beyond them. The result is a practical step-by-step guide that gives the reader a world of unlimited possibilities. Written in collaboration with New York Times bestselling author Peter Golenbock, Larry Lawton's true-life story is a Hollywood producer's dream. Larry and Peter show the world a life of a straightforward, no-excuses man who refused to let a broken system keep him down. Think Goodfellas, only better. Gangster Redemption tracks Larry's life growing up in the Bronx, his connection to organized crime, and how he went on to steal over 15 million dollars in jewels, ultimately landing himself in one of America's most brutal maximum-security prisons where he was exposed to unbelievable torture. Through reading this book, readers will discover: a vivid account of Larry's crimes and how he managed to evade law enforcement and the FBI for nearly six years a secret life of corruption the truth about prison life, what is lost, how to avoid and dissolve bad associations, and how to turn one's life around how Larry developed the #1 program in the country designed to steer teens away from a life of crime Lawton's Reality Check Program is nationally recognized and used by judges, law enforcement, government officials, attorneys, and parents all over the country. It has kept thousands of teens and young adults from going to prison. His success rate is incredible and well documented. So is Larry Lawton's story.

Following a near fatal car accident, Steve Judge was told that he may never walk again. In his autobiography, he shares his story of grit, drive and determination to achieve what others thought impossible, as he became a gold medal winning paratriathlete world champion representing Great Britain.

The first deaf athlete to play offense in the NFL (and win a Super Bowl with the Seattle Seahawks!) relates his inspirational story of hard work and determination in his own words. Great for readers of all ages. The inspirational memoir from the popular current Seattle Seahawks running back Derrick Coleman Jr., who, in just his second year in the NFL, won the 2014 Super Bowl with the Seahawks. Showcasing his unlikely and challenging journey to become the first deaf offensive NFL player, he talks about overcoming internal obstacles and external obstacles (bullies and naysayers) in the course of reaching your true potential.

Dr. Wayne W. Dyer, the internationally best-selling author and lecturer, has a new message for his youngest readers. In his latest children's book, Wayne teaches kids about excuses: what they are, where they come from, and how to eliminate them so boys and girls can reach their full potential. Playfully illustrated once again by Stacy Heller Budnick, No Excuses! tells the story of a boy with a seemingly impossible dream who almost lets excuses stand in his way. Luckily, he learns some important lessons that allow him to attain his goals--lessons that just about all children will be able to understand and apply to their lives. No Excuses! will be available shortly after the publication of Wayne's book for adults, Excuses Begone!

This enhanced edition of Total Recall holds 16 video clips, including behind-the-scenes footage from Terminator 3, political speeches from the Governor years and clips from Pumping Iron. In this fully illustrated eBook, Arnold Schwarzenegger takes us through each of the 170+ photographs and narrates each image. Total Recall is the unbelievably true story of Arnold Schwarzenegger's life. Born in the small city of Thal, Austria, in 1947, he moved to Los Angeles at the age of 21. Within ten years, he was a millionaire business man. After twenty years, he was the world's biggest movie star. In 2003, he was Governor of California and a household name around the world.

Based on an episode of "Sex and the City," offers a lighthearted, no-nonsense look at dead-end relationships, providing advice for letting go and moving on.

In this "brave and heartbreaking novel that digs its claws into you and doesn't let go, long after you've finished it" (Anna Todd, New York Times bestselling author) from the #1 New York Times bestselling author of All Your Perfects, a workaholic with a too-good-to-be-true romance can't stop thinking about her first love. Lily hasn't always had it easy, but that's never stopped her from working hard for the life she wants. She's come a long way from the small town where she grew up—she graduated from college, moved to Boston, and started her own business. And when she feels a spark with a gorgeous neurosurgeon named Ryle Kincaid, everything in Lily's life seems too good to be true. Ryle is assertive, stubborn, maybe even a little arrogant. He's also sensitive, brilliant, and has a total soft spot for Lily. And the way he looks in scrubs certainly doesn't hurt. Lily can't get him out of her head. But Ryle's complete aversion to relationships is disturbing. Even as Lily finds herself becoming the exception to his "no dating" rule, she can't help but wonder what made him that way in the first place. As questions about her new relationship overwhelm her, so do thoughts of Atlas Corrigan—her first love and a link to the past she left behind. He was her kindred spirit, her protector. When Atlas suddenly reappears, everything Lily has built with Ryle is threatened. An honest, evocative, and tender novel, It Ends with Us is "a glorious and touching read, a forever keeper. The kind of book that gets handed down" (USA TODAY).

Soon after the sexual misconduct allegations against film producer Harvey Weinstein became public in late 2017, the #MeToo movement went viral, opening up an explosive conversation about rape culture around the globe. In the US, someone is sexually assaulted every 98 seconds. More than 320,000 Americans over the age of twelve are sexually assaulted each year. Men are victims too. One in thirty-three American men will be sexually assaulted or raped in his lifetime. Yet only 3 percent of rapists ever serve time in jail. Learn about the patriarchal constructs that support rape culture and how to dismantle them: redefining healthy manhood and sexuality, believing victims, improving social and legal systems and workplace environments, evaluating media with a critical eye, and standing up to speak out. Case studies provide a well-rounded view of real people on all sides of the issues.

New York Times Bestseller and Wall Street Journal Bestseller! Bar Rescue's Jon Taffer presents a new guide to getting what you want in life and business--to stop making excuses so you can get back to winning. During his many years as an entrepreneur, consultant, and star of the Paramount Network's hit show Bar Rescue, Jon Taffer has witnessed the destruction that results when people bullsh\*t themselves. Excuses are the root cause of nearly every business and personal problem, but fortunately, Jon knows how to fix your excuse habit for good. This book is almost as good as having Jon in your face on Bar Rescue, telling you the hard truths you've been avoiding. Don't Bullsh\*t Yourself! is Jon Taffer's brutally honest, no-nonsense guide to help you kick those excuses to the curb. If you can stop bullsh\*tting yourself and address your real issues, you will gain the power to turn your life around completely. Taffer breaks excuses down into six major categories, illustrating them with real-life examples such as Marcus Luttrell, the lone survivor of a SEAL team mission in Afghanistan who barely escaped Taliban territory, and Christine King, founder and CEO of Your Best Fit, who, despite being paralyzed in a horrific boating accident, went on to build a successful fitness company. These inspiring stories, combined with Taffer's own experiences, will give you the confidence to identify and face your own excuses head-on. It's Taffer Time! Time to stop bullsh\*tting yourself and start crushing it!

The No Excuses Mindset presents an innovative way to overcome challenges in life. It exposes the reasons why we give excuses, equipping and empowering us to live a valuable life. This transformational process will press you forward toward success. It's time you embraced what you are destined to do and who you are destined to be without any excuses

"No Excuses" is the true story of a boy traveling across America with his family and their fifty-foot-long trailer full of adventures in the 1950's. Going to fifteen schools, in ten states, and twenty-four moves, Larry ventured his life from adventure to adventure. From the 'Muscadine highway,' to 'the runaway tractor' the trailer boy lived thrilling escapades. You will become a part of this soul stirring journey from Gallatin to the Mojave Desert or dancing at the Black Hawk Grill. The author bids you to join him in the '53 Ford, descending the wicked Sitgreaves Pass pushed by the sixteen thousand pounds of the Simpson's home on wheels. Travel with the 'kid' as he makes his own and others' lives a 'gala affair'. High thrilling adventure awaits you with joy and tears from this one blessed life. The trailer boy's inspiring story will move you to live your only life fully without excuses.

Chad Lambie was born with a rare syndrome called Cleidocranial Dysplasia/Dysostosis (CCD). He has a motto of No Excuses, and to be a Swim Buddy (Navy term for someone you can count on) for anyone in need. Though he has a special burden to help people dealing with the same syndrome he has, Chad also provides motivation, and real-life success formulas for overcoming any adversity. Chad Lambie is the only person ever diagnosed with CCD to tryout and graduate from a Navy Special Warfare selection program. He spent six years in the Naval Special Warfare community as a Special Warfare Combatant Craft Crewmen (SWCC). Through this arduous training and lifestyle he was able to forge life lessons in integrity, organization, and mental toughness to name a few. He hopes to give back the knowledge he has gained. He is sure you will enjoy this book, and you will find many of the lessons he learned in his life to be helpful in your own life. This is a book that tells you the story of a child who was never meant to do much in life because he was born with a complicated syndrome. He was never meant to become a runner. He was never meant to become a baseball player. He was never meant to become a wrestler. He was most definitely never meant to become a member in the Naval Special Warfare. And yet. And yet, he did. This is the story of a boy who learned from day one that he could do it. He just had to work much harder than his peers. This is a story of inner strength, of perseverance, of determination. This is a story of pride, joy, and success. This is a story of how that boy turned man, lived with no excuses. This is my story, Chad Lambie

The special anniversary edition of The Little Engine That Could™ contains the entire text and original artwork. Young readers, as well as parents and grandparents, will treasure the story of the blue locomotive who exemplifies the power of positive thinking.

Military hero and beloved Dancing with the Stars alum Noah Galloway shares his life story, and how losing his arm and leg in combat forced him to relearn how to live--and live to the fullest. Inspirational, humorous, and thought provoking, Noah Galloway's LIVING WITH NO EXCUSES sheds light on his upbringing in rural Alabama, his military experience, and the battle he faced to overcome losing two limbs during Operation Iraqi Freedom. From reliving the early days of life to his acceptance of his "new normal" after losing his arm and leg in combat, Noah reveals his ambition to succeed against all odds. Noah's gripping story is a shining example that with laughter, and the right amount of perspective, you can tackle anything. Whether it be overcoming injury, conquering the Dancing with the Stars ballroom, or taking the next steps forward in life with his young family - Noah demonstrates how to live life to the fullest, with no excuses.

In the summer of 1978, twenty-one-year-old Paul Wilson jumps at the chance to join two local icons on a dream surf trip to mainland Mexico, unaware their ultimate destination lies in the heart of drug cartel country. Having no earthly idea of where he'll get the money to pay his share, and determined to prove his mettle, he does the only thing he can think of: He robs a supermarket. And, if karma didn't already have enough reason to doom the trip, he soon learns one of his companions is a convicted killer on the run, and the other an unscrupulous cad. Mishap and misfortune rule the days, and mere survival takes precedence over surfing. Original photographs (including pre-kingpin El Chapo), and Wilson's strong narrative style, combine to make this true story personal—in the tradition of Into The Wild by Jon Krakauer, and Barbarian Days, A Surfing Life by William Finnegan—except this tale had to wait for the statute of limitations to expire before it could be told.

Dreux "Lil Fizz" Frederic of platinum selling R&B group B2K, thought he had it all; fame, fortune and millions of adoring fans at his feet. In the shadows of the bright lights is where he discovered the true meaning of having it all. On the day his son was born, Dreux then realized it was his son who made him whole. He's learned that being a father is the ultimate reward.

In June 2009, Caspar and Nichola created a plan to sail around the world with their young children. Most people thought they were crazy. But over the past seven years they've embraced every moment of this momentous chapter of their lives. Five years of planning – the vision, the values, the practicalities, the realities, the excitement, the highs, the lows and the seemingly adventure-stopping obstacles – led to two wonderful years of living their dream – the magical and the scary; enjoying life and learning as a family. This is Caspar's story. It's a story of a fabulous sailing adventure but it's also so much more than that – it's an inspirational tale for all those wishing they could do the same; it's a practical guide to show you just how you can make it happen; it's a motivational story of leadership and teamwork within a family; and it's a funny, heart-warming tale of slightly unconventional family life. The fascinating narrative of Caspar's story is accompanied by useful text features such as tip boxes, sidebars and chapter summaries, so that the reader can easily extrapolate the necessary nuggets about how they can make the dream a reality.

I opened my mouth and it came. It wasn't a cry, or even a sob. It came from deep in my soul... It was the sound of a mother helpless to save her child from danger. I asked the same unanswered questions over and again. Where was he? Where was my Damien? On 2 November 1996, sixteen-year-old Damien Nettles went out for the evening in his home town of Cowes on the Isle of Wight. CCTV recorded him in a chip shop at 23:40 and on the High Street just after midnight. He has never been seen since. His mother, Valerie, has spent over two decades desperately trying to find out what happened to her son. Arrests have been made, and suspects released without charge. Despite years of research by journalists and a private investigator, Damien's vanishing remains a mystery. In this hugely moving and compelling account, Valerie Nettles tells the full, perplexing story of her son's disappearance. Someone must know what happened to Damien. Will the truth ever emerge from the shadows?

Yolanda Alvarez was born to this world like us all - ignorant of the world's harshness and joys. No one at that time could have known the things she was to accomplish or the profound effect she would have on those she would meet. I can say this because I am one of those people. From the first day I met her, Yolanda was a force of nature. She has seen the best and the worst that people have to offer. Yet, she has never censored herself in the things she does or in the ways she communicates with others. She is conscious

of individual perception yet refuses to accept the world as it is. When someone is discovered as being in need, Yolanda makes it a point to be available to lend a helping hand or ear even to a stranger. Her strength of character has always moved people to be better than they are or what they think themselves to be. Watching her move through life's obstacles is proof that even when you think you have nothing left to give and you think the world is about to swallow you whole, you can come out from under it the better. Those who think they can quiet or censor her are in for a rude awakening. I have learned so much from her in the years I have known her and I know I will continue to do so as Yolanda... is just getting started.

An invaluable guidebook, which contends that the most vexing problems facing women today isn't that doors of opportunity aren't open but that not enough women are walking through them Feminist icon Gloria Feldt pulls no punches in this new book, which argues that the most confounding problem facing women today isn't that doors of opportunity aren't open, but that not enough women are walking through them. From the boardroom to the bedroom, public office to personal relationships, she asserts that nobody is keeping women from parity-except themselves. Feldt puts women's power into an historical context, showing the ways in which women have made huge leaps forward in the past, only to pull back right when they were at the threshold. Feldt argues that there's no excuse-whether it's the way women are socialized, or pressure to conform, or work/life balance issues-for women today not to own their power. Women are still facing unequal pay, being passed over for promotions, entering public office at a much lesser rate than men, and oftentimes still struggling with traditional power dynamics in their interpersonal relationships. Feldt's solution to all these places where women face inequality is the same: we need to shift the way we think to achieve true parity with our male counterparts. No Excuses is divided into nine chapters that organized around how women can change the way they think, and therefore the way they act. These include: Know Your History and You Can Create the Future of Your Choice; Define the Terms-First; Embrace Controversy; Employ Every Medium; and other helpful ideas for using the tools and resources women already have to create the changes they want to see. No Excuses is a timely and invaluable book to help women equalize gender power in politics, work, and love.

No Excuses is a hot, full-length contemporary romance, featuring blindfolds, rope play, food fights, and sexy architectural features like wainscoting. As in all Nikky Kaye books, cheating is not allowed, but some funny stuff and a HEA are non-negotiable.

Foreword by Kyle Whittingham! Eric Weddle has developed a reputation as one of the NFL's best defensive minds, a fundamentally sound tackling machine, and a reliable last line of defense in the secondary for the San Diego Chargers. Prior to the 2011 season, the Chargers made Eric one of the highest paid safeties in league history by signing him to a five-year, \$40 million contract. "Honestly, who would have ever thought I would be at where I am today?" Eric said. "I was a kid who loved sports, who struggled, who was benched, who was injured, but I didn't let the little things get me down. The little things don't affect who I am or what I'm about, but they drive me to do better. To get better today, you must demand more than you did yesterday. Winners pay the price to reach their goals." Weddle's story is about overcoming adversity and accomplishing impossible dreams. It's about an athlete who surprised his family and friends by joining the Mormon church, and about how his faith has continued to bless his life. It's a story about epic wins and devastating losses, confidence and character. It's a story of a man who values his family above all else. In short, it's a story about living each day with no excuses and no regrets. "Eric's story demonstrates that you don't have to be the biggest, the strongest or fastest to defy odds and achieve your goals." Adam Scheffer, NFL Insider for ESPN "It's nice to read the stories of top draft picks that were supposed to be good. It's better to read about guys like Eric Weddle who through hard work and passion grew to dominate his position in the league." – Darren Rovell, ESPN sports business reporter "If you are as impressed as I am by Eric Weddle 'the player and leader', you will be even more so by the view of Eric Weddle 'the person and father' that you gain from No Excuses, No Regrets." – Alex Marvez, Senior NFL Writer, FOXSports.com "Eric Weddle has been a pillar of the NFL community, exemplary on the field and off. His story is one of dedication and perseverance and he rose to become one of the dominant safeties in the game, silencing detractors and becoming one the cornerstones of the Chargers organization. Football fans everywhere will enjoy his tale." – Jason La Canfora, NFL Insider for CBS

**NATIONAL BESTSELLER • SOON TO BE A MAJOR MOTION PICTURE** starring Abigail Cowen, Tom Lewis, Nina Dobrev, with Logan Marshall Green and Eric Dane, special appearance by Famke Janssen. Distributed by Universal Pictures with a screenplay by Francine Rivers and D.J. Caruso. California's gold country, 1850. A time when men sold their souls for a bag of gold and women sold their bodies for a place to sleep. Angel expects nothing from men but betrayal. Sold into prostitution as a child, she survives by keeping her hatred alive. And what she hates most are the men who use her, leaving her empty and dead inside. Then she meets Michael Hosea, a man who seeks his Father's heart in everything. Michael obeys God's call to marry Angel and to love her unconditionally. Slowly, day by day, he defies Angel's every bitter expectation, until despite her resistance, her frozen heart begins to thaw. But with her unexpected softening comes overwhelming feelings of unworthiness and fear. And so Angel runs. Back to the darkness, away from her husband's pursuing love, terrified of the truth she no longer can deny: her final healing must come from the One who loves her even more than Michael does . . . the One who will never let her go. A powerful retelling of the story of Gomer and Hosea, Redeeming Love is a life-changing story of God's unconditional, redemptive, all-consuming love. Includes a six-part reading group guide!

A chilling, eye-opening story of marriage and attempted murder, revealing the truth about a case that made headlines around the world. On Easter Sunday 2015, experienced skydiver Victoria Cilliers undertook a parachute jump, a gift from her husband, British army sergeant Emile Cilliers. Her parachutes failed to open and she plummeted 4,000 feet to the ground, sustaining life-threatening injuries. Miraculously, she survived. Then the police arrived at her door. Someone had tampered with her parachute and they suspected Emile. In I Survived Victoria describes how

she fell for Emile, and how the charming man she thought she knew gradually revealed a darker side, chipping away at her self-worth until she found it impossible to sift truth from lies. Can she really believe that her husband – the father of their two young children – tried to kill her? As more shocking revelations come to light, and she has to face his trial and relentless media scrutiny, she struggles to come to terms with the past. Even a guilty verdict does not free her because Emile is not ready to let her go . . . Powerful and honest, *I Survived* is the story of a woman who was put through hell and yet found the strength to forge a new life for herself and her children.

At the age of 24, working with his wife at a car wash, Larry Winters was struggling to get by. He decided he needed to make a change for the better, so he seized control of his life and, day by day, built his own business. Along the way, he learned many lessons about sacrifice, personal responsibility, determination and independence *Live the Dream: No More Excuses*, is Winters' inspiring story of his journey from a young man with no ambition to a man in control of his financial destiny. He uses examples from his own life to teach readers how to gain financial freedom for themselves. Most importantly, Winters stresses how self limitation is damaging and holds people back, keeping them from achieving the successful lives they desire. *Live the Dream* provides an inspirational blueprint for readers to gain financial freedom, and build their own businesses -- to give up excuses and achieve their life goals, all while staying grounded in what really matters: family, friends and faith. Larry Winters' powerful motivational style will have readers ready to seize the day and live their dreams.

A New York Times Best Illustrated Children's Book of 2011! A picture-book delight by a rising talent tells a cumulative tale with a mischievous twist. Features an audio read-along! The bear's hat is gone, and he wants it back. Patiently and politely, he asks the animals he comes across, one by one, whether they have seen it. Each animal says no, some more elaborately than others. But just as the bear begins to despond, a deer comes by and asks a simple question that sparks the bear's memory and renews his search with a vengeance. Told completely in dialogue, this delicious take on the classic repetitive tale plays out in sly illustrations laced with visual humor-- and winks at the reader with a wry irreverence that will have kids of all ages thrilled to be in on the joke.

This collection of inspirational narratives, curated by the popular founder of Uplifting Content, is sure to change your perspective—and maybe even restore your faith in humanity. If you can't bear to watch the news lately, you're not alone. Luckily, Lone Butler is here to offer you an alternative—and maybe even restore your faith in humanity. As the founder of Uplifting Content, a social media platform followed by over 1.4 million people, she has interviewed some of the most inspiring people in the world. Here, she shares their remarkable stories and the lessons they've learned to help you through life's many challenges. Among the amazing folks you'll meet is Kyle Maynard, a motivational speaker and the first quadruple amputee to reach the summit of Mount Kilimanjaro without the aid of prosthetics—thanks to his “no excuses” attitude. You'll also meet Destiny Watford, a high school student whose passionate activism helped save her town, once dubbed “the most polluted zip code in America,” and Kouhyar Mostashfi and Greg Smith, two men from Ohio with completely opposing political views who have done the seemingly impossible and set aside their differences to become great friends. At the end of each story, you'll also find exercises to help you take action in your own life—whether by asking deeper questions about what's important to you, forging new connections and nurturing existing relationships, or reflecting on the contributions you wish to make in the world. The stories explore themes like human connection, service to others, and the pursuit of passion. Butler, who struggled with depression herself, firmly believes that focusing on the good in the world helped bring her back from the brink. *Uplifting Stories* reminds you that the world is still full of great people—even if their voices sometimes get lost in the noise.

*Unforgiving Destiny* follows the true story of the 37-year pursuit by authorities on five continents to imprison and execute David McMillan as he travelled as an independent smuggler. Readers have called this sprawling yet fast-paced saga, "The benchmark for true-crime writing," and includes new details of the notorious Bangkok escape. Dogged by an obsessed DEA agent, he evades the death penalty in Thailand by escaping prison, only to be 'disappeared' in Pakistan jails after crossing the Afghan border. After every downfall, McMillan rebuilds his life and network only to find the same agency people arranging capture by any means. In this private history, readers are taken to the streets of New York City and Colombia, then through the war-zones of Afghanistan and torture cells in Karachi. At the same time, McMillan balances a double life of a London gentleman with the women in his life oblivious to his true nature. Look to the author's page to hear readings, video, background, film links and see the faces behind this extraordinary journey. In one reviewer's words, "*Unforgiving Destiny* is a mini-masterpiece. Outstanding." "Imagine losing everything you care about. Home, family, freedom, every object that built your life," writes McMillan. "Then locked in some of the world's worst prisons. Even if you survive, there are little deaths feeding on your guts - when that repeats five times over thirty years, those little deaths drain your soul." *Unforgiving Destiny - the Relentless Pursuit of a Black Marketeer* reveals the ultimate cost of survival in the darkest of dark worlds. *Unforgiving Destiny* includes an integrated chapter on the Bangkok-prison breakout and answers many of the questions raised by the over 100,000 readers of 'Escape: The True Story of the Only Westerner Ever to Break Out of Thailand's Bangkok Hilton'. This new and most personal biography reveals the fears, ambitions and motivations of a man both driven and pursued, surviving the unthinkable, and the effects upon those he loves. McMillan is the last survivor of the small band of independent smugglers, and as such has now told much that could not have been told before. Only in 2016 was he free to speak, after the Thai government abandoned all attempts to extradite him to again face a death penalty. Few other lives have been so extraordinary or more clearly told. Renowned thriller writer Stephen Leather, after reading *Escape*, wrote: 'David makes no excuses for his life as a professional drug smuggler and asks for no sympathy. While most of David's fellow prisoners gave up hope and accepted their fate, he decided from Day One that he had no alternative other than to do what no other Westerner had ever managed - to escape! David is a great writer...' *Unforgiving Destiny* raises the standard for fast-paced autobiographies of extraordinary people, written in a style that is heart-rending yet often humorous as McMillan sets ego aside and invites readers into his hidden domain.

*Toss Out Those Tired Old Excuses...Once and for All!* Within the pages of this transformational book, Dr. Wayne W. Dyer reveals how to change the self-defeating thinking patterns that have prevented you from living at the highest levels of success, happiness, and health. Even though you may know what to think, actually changing those thinking habits that have been with you since childhood might be somewhat challenging. If I changed, it would create family dramas ... I'm too old or too young ... I'm far too busy and tired ... I can't afford the things I truly want ... It would be very difficult for me to do anything differently ... and I've always been this way ... may all seem to be true, but they're in fact just excuses. So the business of modifying habituated thinking patterns really comes down to tossing out the same tired old excuses and examining your beliefs in a new and truthful light. In this groundbreaking work, Wayne presents a

compendium of conscious and subconscious crutches employed by virtually everyone, along with ways to cast them aside once and for all. You'll learn to apply specific questions to any excuse, and then proceed through the steps of a new paradigm. The old, habituated ways of thinking will melt away as you experience the absurdity of hanging on to them. You'll ultimately realize that there are no excuses worth defending, ever, even if they've always been part of your life-and the joy of releasing them will resonate throughout your very being. When you eliminate the need to explain your shortcomings or failures, you'll awaken to the life of your dreams. Excuses ... Begone!

An exceptional memoir about one man's truly inspirational outlook on living, no matter the odds. Before you dig into this book, there are a few things I think you should know. First, I was a soldier, and I still talk like one-in other words, I swear. So, if bad words bother you, just squint and pretend you don't see them. I want you to know this book is not about the war in Iraq, and I'm not pushing a political agenda. Even though I'm going to tell you about the day I was wounded and what I went through during rehab, this book's not just some war memoir or a pity party. I just want to share some of my stories with you. This book is not about being wounded. It's not about struggling. This book is about living. It's about life. In this inspiring memoir, Bryan shares his infectious love for life that touches anyone who's faced hardship. No Turning Back is a testament to pure hard work, perseverance, and hope for a better life- no matter what shape it takes.

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