

Books Break Through Your Bs By Derek Doepker Now

New school. New friendships. New life. Not so much. Alexandra is pissed about her parents abandoning her. She's beyond pissed that her friends did the same. She's enraged because things are unclear about her brother's death now. So her first stop is at Jesse's house to demand answers. She wants to know why her brother was friends with the criminal crowd before he died and she knows he holds the answers. But when she sees him, she doesn't get the answers she expected. Instead, she finds out that their chemistry never faded and soon heats up again! Some habits die hard. Soon Jesse and Alex are back to their ways of sneaking around. He's a near-celebrity at school and she doesn't want to deal with the backlash of being his girlfriend. Alex is tired of being hurt so she's learned the lesson not to confide and lean on others. However, she can't seem to help herself when it comes to Jesse Hunt. The big question isn't if she will survive if their relationship goes public, it's if she will survive when the real truths about her family and brother come out? Or when she learns that Jesse knows more than what he's told her?

Joining the ranks of classics like *The Elements of Style* and *On Writing Well*, *Writing Without Bullshit* helps professionals get to the point to get ahead. It's time for *Writing Without Bullshit*. *Writing Without Bullshit* is the first comprehensive guide to writing for today's world: a noisy environment where everyone reads what you write on a screen. The average news story now gets only 36 seconds of attention. Unless you change how you write, your emails, reports, and Web copy don't stand a chance. In this practical and witty book, you'll learn to front-load your writing with pithy titles, subject lines, and opening sentences. You'll acquire the courage and skill to purge weak and meaningless jargon, wimpy passive voice, and cowardly weasel words. And you'll get used to writing directly to the reader to make every word count. At the center of it all is the Iron Imperative: treat the reader's time as more valuable than your own. Embrace that, and your customers, your boss, and your colleagues will recognize the power and boldness of your thinking. Transcend the fear that makes your writing weak. Plan and execute writing projects with confidence. Manage edits and reviews flawlessly. And master every modern format from emails and social media to reports and press releases. Stop writing to fit in. Start writing to stand out. Boost your career by writing without bullshit.

How do you deal with your fears? Or do you? Are you one of the multitudes of persons whose fears do the dealing? Have you ever taken the trouble to get to know the most common and yet, perhaps, the least understood animal emotion? Take a little trip through these pages. You may find that fear isn't quite the enemy imagined. You may find that it's actually a valuable companion that requires proper exercise... not exorcism. Kurt Vonnegut wrote, "We are what we pretend to be". Could it really be that simple? If we pretend to be unafraid, could our fears just melt away? As one of the leading writers of the Victorian era, Mary Ann Evans (more widely known as George Eliot), is often credited with once having said, "It is never too late to be who you might have been." What will you pretend to be? Paperback available from LULU.com.

Combine the best parts of your personal and professional life to live the life you really want *Balance is B.S.* is an unflinching and honest look at the challenges today's working woman faces in balancing her professional and personal lives. In the United States, women comprise over 40% of household income. Increased gender diversity in the modern business landscape continues to have a positive impact on bottom lines and revenue reports across the economy, and offers significant benefits for ambitious women in the workplace. This increase of women in the workforce does present a serious problem—women are working longer and harder outside of the home, but their workload has not lessened inside of the home. While their career

prospects rise, expectations of their family and personal lives remain flat. Women pursue the mythical “work-life” balance, and feel guilty for not reaching it. There is a better way. This insightful book provides working women with real-world advice, enabling them to blend their personal and professional lives, avoid burning out, and raise expectations of themselves and those around them. Every chapter presents practical exercises to identify values, and focus on what matters most. Following the path laid out by this essential guide, you will learn how to:

- Blend business and personal lives together without compromising your values
- Adjust expectations of yourself and others around you
- Use practical exercises and effective techniques to combine work, social, family, and parenting lives
- Stop feeling guilty about your work-life balance, and embrace the best parts of both

Balance is B.S. is an invaluable resource for working women regardless of profession, experience, and status. Author Tamara Loehr draws on her years of entrepreneurial success to share her proven methods of merging work, play, and family to map out and reach the life you actually want to live.

Society is inundated with a need for self-improvement which leaves us feeling a constant burden to be better. During development, we were taught what "better" looks like, which ultimately became our beliefs and life expectations. This led to pressure-induced lifestyles that keep us searching for ways to measure up and be more, while leaving us feeling like we're never enough. Through years of research, Brigitte Ranae has identified pressure-induced mindsets, limiting language, and unhealthy behavioral patterns that keep us stressed. The BS of Better will walk you through exercises to end debilitating and destructive patterns that increase stress and leave you unsatisfied. You will learn to reduce life's pressures by defining better and by processing thoughts, words, and behaviors that do not align with and promote your unique and authentic self. You will dig deep through exercises that reprogram your brain to experience freedom from the constant need to improve, fix, correct, or make better. As your personal revelation unfolds, you will naturally experience clarity as you develop a sense of acceptance within yourself and the courage to live true to yourself instead of a faulty image of better. Are you ready to define better, reduce life's pressures, and live a peaceful and fulfilling life both personally and professionally? The BS of Better was created just for you as you work towards reducing stress and gaining authenticity! Brigitte Ranae is a life coach, professional speaker, and course creator who obtained her Psychology Degree from Central Methodist University in Fuller, Missouri. She specializes in emotional regulation, neural pathway development, behavioral modification and facilitates personal development and wellness in the lives of individuals, families, and organizations. Over the last two decades, Brigitte has supported individuals in learning to walk in authenticity in order to reduce stress. She developed The BS of Better book and program as the first in her Reducing Life's Pressures series to support readers and participants in stress reduction techniques through new perspectives and neural pathway development exercises. Life doesn't have to be so difficult and now is your chance to experience implementing stress-reducing thoughts and techniques that will lead to personal peace, joy, and fulfillment.

Over motivational messages? Sick AF of inspirational quotes? Done with the shiny happy bad advice that gets you nowhere? Well, heads up: you're about to get a shitload of Good Advice. In Bad Advice, relationship expert Dr. Venus Nicolino—a.k.a. Dr. V—takes a blowtorch to the shrink-wrapped, “feel good” BS that passes for self-help these days. When you're heartbroken, what do you hear? You can't love anyone until you love yourself. When someone's hurt you? Nobody can make you feel bad without your permission. When you're just a little too positive? Expectations lead to disappointment. Pop culture noise gives Bad Advice the varnish of truthiness and inspiration. But it's not truth; it's not inspiration. It's bullshit. And at its root, all Bad Advice operates off the same lie: Emotions are optional. In Bad Advice, Dr. V delivers a bracing truth serum, in the form of Good Advice—an antidote to the bullshit, from “Just Be Yourself” to “Live Each Day Like It's Your Last,” that teaches you to

live your life in a way that honors who you are, what you need, and how you feel. Smart and irreverent, Dr. V fuses the brains and insight of a nerdy Ph.D. with the heart of a doting Italian Mother and the artful profanity of a Philly trucker. Dr. V's signature combination of humor, hard science, and heart make *Bad Advice* an iconoclastic course-correction like no other. A fiercely sharp wake-up call that tackles some of self-help's most damaging truisms, *Bad Advice* is a never shy guide to tapping into your full potential.

Are you tired of bullshitting yourself and limiting your own potential while having huge expectations of everyone else? Do you want to grab your life by the horns and stop waiting for life to teach you the hard way before you learn what it is you are being called to do? While the title of this book may sound harsh, this is an inspirational, spiritual, and personal story that is meant to shake you up and realize how amazing your life can be when you remove the layers of bullshit that have been holding you back.

Break Through Your Bs Uncover Your Brain's Blind Spots and Unleash Your Inner Greatness Createspace Independent Publishing Platform

Fine-tune your leadership skills, solidify respect among your workforce, and ensure your company's lasting success with tools from a winning CEO. When Martin G. Moore was asked to rescue a leading energy corporation from ever-increasing debt and a lack of executive accountability, he faced an uphill battle. Not only had he never before stepped into the role of CEO; he also had no experience in the rapidly evolving energy sector. Relying on the practical leadership principles he had honed throughout his thirty-three-year career, he overhauled the company's culture, redefined its leadership capability, and increased earnings by a compound annual growth rate of 125 percent. In *No Bullsh!t Leadership*, Moore outlines these proven leadership principles in a clear, direct way. He sweeps away the mystical fog surrounding leadership today and lays out the essential steps for success. Moore combines this tangible advice with honest, real-world examples from his own career to provide a no-nonsense look at the skills a true leader possesses. Moore's principles for no bullshit leadership focus on:

- Creating value by focusing only on the things that matter most
- Facing conflict, adversity, and ambiguity with decisiveness and confidence
- Setting uncompromising standards for behavior and performance
- Selecting and developing great people
- Making those people accountable, and empowering them to do their best
- Setting simple, value-driven goals and communicating them relentlessly

Though the steps aren't easy, they are guaranteed, if implemented, to lift your leadership—and your organization—to a higher level. Wherever you are in your career, *No Bullsh!t Leadership* will help you develop the skills and form the habits needed to become a no bullshit leader. 'A necessary book for our times. But also just great fun' Saul Perlmutter, Nobel Laureate

The world is awash in bullshit, and we're drowning in it. Politicians are unconstrained by facts. Science is conducted by press release. Start-up culture elevates hype to high art. These days, calling bullshit is a noble act. Based on a popular course at the University of Washington, *Calling Bullshit* gives us the tools to see through the obfuscations, deliberate and careless, that dominate every realm of our lives. In this lively guide, biologist Carl Bergstrom and statistician Jevin West show that calling bullshit is crucial to a properly functioning social

group, whether it be a circle of friends, a community of researchers, or the citizens of a nation. Through six rules of thumb, they help us recognize bullshit whenever and wherever we encounter it - even within ourselves - and explain it to a crystal-loving aunt or casually racist grandfather.

From bestselling writer David Graeber—"a master of opening up thought and stimulating debate" (Slate)—a powerful argument against the rise of meaningless, unfulfilling jobs...and their consequences. Does your job make a meaningful contribution to the world? In the spring of 2013, David Graeber asked this question in a playful, provocative essay titled "On the Phenomenon of Bullshit Jobs." It went viral. After one million online views in seventeen different languages, people all over the world are still debating the answer. There are hordes of people—HR consultants, communication coordinators, telemarketing researchers, corporate lawyers—whose jobs are useless, and, tragically, they know it. These people are caught in bullshit jobs. Graeber explores one of society's most vexing and deeply felt concerns, indicting among other villains a particular strain of finance capitalism that betrays ideals shared by thinkers ranging from Keynes to Lincoln. "Clever and charismatic" (The New Yorker), *Bullshit Jobs* gives individuals, corporations, and societies permission to undergo a shift in values, placing creative and caring work at the center of our culture.

This book is for everyone who wants to turn their vocation back into an avocation and "a thought-provoking examination of our working lives" (Financial Times).

Joshua Miller wants you to be happy. Not just getting by, not just successful by society's standards, but can't-wait-to-wake-up-every-single-day happy. If you're shaking your head, convinced that this is impossible for you, Joshua calls bullshit. The life you want is attainable—you simply need to reconnect with the person you really are. *I Call Bullshit: Live Your Life Not Someone Else's* takes the wildly overcomplicated advice presented by the self-help industry, distills it down to its basic principles, and reveals how those principles can help you become your authentic self. With insights designed to shake you out of your complacency, Joshua will show you how to face your problems head-on and conquer them with strategies that work for you. Your life doesn't have to suck. Honest. *I Call Bullshit* challenges you to be true to your dreams, your purpose, and yourself.

With an introduction by the writer Toby Litt. The eponymous Albert is an architect by training but a supply teacher out of necessity. Feeling that he is failing at both, and haunted by a failed love affair, he begins to question what he wants to achieve. Using a number of original narrative techniques Johnson attempts to reproduce life (and its travails) as closely as possible through fiction, while at the same time revelling in the impossibility of such a task. A passionate advocate for the avant-garde, B S Johnson said of the acerbically comic and exuberant Albert Angelo that it was where he 'really discovered what he should be doing'. And on page 163 of this extraordinary book is one of the most surprising lines in English fiction. But you should start at the beginning.

"Tired of bullshit holding you back from the greatness you deserve? Whether it's

bullshit excuses, limiting belief systems, or the hidden blind spots created by a biased brain keeping you stuck in mediocrity, the barrier of BS is the reason the current reality of your life pales in comparison to the potential possibility of the greatness you were made for. Part poetry, part smart-ass humor, and a heavy dose of practical empowerment, Break Through Your BS is the sobering slap across the face and the compassionate kick in the ass you've been needing to finally wake up and stop letting your BS hold you back."--Page 4 of cover.

Billy Bullshit is a self-proclaimed marketing genius. In his role as 'Chief Guru of Imagineering" he only ever talks using the latest buzzwords, business idioms and bullshit phrases. Pop that in your mental microwave and see how it defrosts! We see Billy in 52 hilarious business scenarios--on a conference call, giving a speech at a conference, running a brainstorming session, etc. This ladders up the cliched business speak, takes it to the next level and knocks it out of the ballpark. Boom! Do you know someone like Billy in your office? Maybe you even see a little bit of Billy in yourself? Either way Billy Bullshit is going to make you laugh and cringe in equal measure. And that's no bullshit.

Even though women-owned businesses in the United States have grown by 114% in the past 20 years, they still only account for 4.2% of total U.S. business revenue. Best-selling author Jaclyn DiGregorio knows what it's like to work long hours on your business and be disappointed time and time again. After struggling for three years to build a sustainable business, she made a powerful decision to change her mindset. In Stop Getting In Your Own Way, Ms. DiGregorio details the many ways that ambitious women can shorten the time it takes to build a successful business, increase their income and expand their impact. Explore business growth strategies, mindset development and goal-setting as Jaclyn dives into the secrets of stepping into the business (and life) of your dreams. You already have everything inside of you to build your dream business. It's time to let go of the fears, limiting beliefs and bad habits that have been holding you back. You were destined for so much more than to stand in your own way.

This book identifies eight key mechanisms that can transform a set of ideas into a psychological flytrap. The author suggests that, like the black holes of outer space, from which nothing, not even light, can escape, our contemporary cultural landscape contains numerous intellectual black-holes—belief systems constructed in such a way that unwary passers-by can similarly find themselves drawn in. While such self-sealing bubbles of belief will most easily trap the gullible or poorly educated, even the most intelligent and educated of us are potentially vulnerable. Some of the world's greatest thinkers have fallen in, never to escape. This witty, insightful critique will help immunize readers against the wiles of cultists, religious and political zealots, conspiracy theorists, promoters of flaky alternative medicines, and others by clearly setting out the tricks of the trade by which such insidious belief systems are created and maintained.

Bullshit is everywhere. Some of it is just lazy, some is complete nonsense, and yet some is at least trying to communicate something, even if it fails. Bestselling author Kevin Duncan has been on a life mission to improve business language and understanding. In his latest book, he weeds out the worst offenders, and the contexts in

which they most frequently occur, to provide readers with a path to clear communication. The book starts with an examination of why we seem to use so much jargon and non-sensical words and phrases in our daily working lives. Duncan then lists and analyses the 100 most popular examples of bullshit used internally and externally, their real meaning, and rates how harmless or dangerous they are. The book ends with advice on dealing with bullshitters and a manifesto to help anyone achieve clear, bullshit-free communication.

We all have demons... some are more real than others. In the fifth book of this bestselling paranormal series, Evalle faces her greatest nightmare - losing Storm - and without his help the Beladors will fall to their most dangerous enemy. With Treoir Island in shambles after a Medb attack that left the survival of the missing Belador warrior queen in question and Belador powers compromised, there is one hope for her return and their future – Evalle Kincaid, whose recent transformation has turned her into an even more formidable warrior. First she has to locate Storm, the Skinwalker she's bonded with who she believes can find the Belador queen, but Storm stalks the witch doctor who's threatening Evalle's life. When he finally corners the witch doctor, she throws Storm a curve that may cost him everything, including Evalle. The hunter becomes the hunted, and Evalle must face her greatest nightmare to save Storm and the Beladors or watch the future of mankind fall to deadly preternatural predators. (*DEMON STORM includes bonus short story - Deadly Fixation - from the Belador world) "So many questions were answered: Why is Evalle so wanted by the Medb? Does Kizira really care about Quinn? What kind of powers does Lanna have? Will Storm and Evalle finally come together? Will we ever stop loving Feenix, our cute lovable gargoyle.....nah forget that, never happen. I want more Feenix. I loved this book so much...If you have not read this series, once again, what are you waiting for?"

~~~~Barb, The Reading Cafe on RISE OF THE GRYPHON "...Its been a very long time since I've felt this passionate about getting the next installment in a series. Even J. K. Rowling's Harry Potter books. Its a story you don't want to end and when it does, you can't help but scream out "No! NO THEY DID NOT JUST DO THIS TO ME!! NO!!!!!"

~~~~Bryonna Nobles, Demons, Dreams and Dragon Wings on RISE OF THE GRYPHON

Katie Weber found out she had brain cancer at age 23 and thought she was done with it, but it came back when she was 28, just a few weeks after her boyfriend of 8 years had proposed to her! The second journey with cancer has been a rough one and she figures if anything good can come out of it all, it's her responsibility to write it all down! A book for any young person with cancer or a chronic illness, and for anyone who deals with life's big questions: why are we here? How do we find meaning? Why do some people struggle with illness and others don't?

New York Times Bestseller Over 2.5 million copies sold For David Goggins, childhood was a nightmare - poverty, prejudice, and physical abuse colored his days and haunted his nights. But through self-discipline, mental toughness, and hard work, Goggins transformed himself from a depressed, overweight young man with no future into a U.S. Armed Forces icon and one of the world's top endurance athletes. The only man in history to complete elite training as a Navy SEAL, Army Ranger, and Air Force Tactical Air Controller, he went on to set records in numerous endurance events, inspiring Outside magazine to name him The Fittest (Real) Man in America. In this curse-word-

free edition of *Can't Hurt Me*, he shares his astonishing life story and reveals that most of us tap into only 40% of our capabilities. Goggins calls this The 40% Rule, and his story illuminates a path that anyone can follow to push past pain, demolish fear, and reach their full potential.

GET RID OF YOUR BULLSHIT LIFE AND KICK ASS IS A BOOK LIKE NO OTHER. A BOOK FOR PEOPLE WHO HAVE HAD ENOUGH OF THEIR CURRENT SITUATION AND WANT CHANGE NOW. In this honest self-help book, part memoir, Tania Damha shares 30 chapters full of inspiring personal stories, profound advice, easy exercises, encouragement, and shows how to live an insanely happy life while kicking some major ass at the same time. Get rid of your bullshit life and kick ass will help readers: Confront their deepest fears and learn how to overcome them with personal, relatable anecdotes shared from the author? Better their thinking, and learn how to guide negative thoughts into positive ones? Learn to focus like a hawk in a world filled with distractions? Transform setbacks into positive experiences? Conquer resistance and let go of nonsense like a manic warrior

Be honest, you've had a shitty day. Work? Neighbors? Pets? Kids? They all love to stress you out. Don't bottle it up, color what you want to say! With 50 designs, we've got any curse, swear, or putdown you can imagine, ready to fucking color! Express how you really feel about your boss, bad grades, your neighbor or the DMV. Color your way to less stress! Color to your fucking hearts content! 50 Unique Designs to Color!

Dozens of coloring pages designed for adults Each coloring page is designed to help relax and inspire The variety of pages ensure something for every skill level Use your choice of coloring tool (pens, pencils, markers, crayons) Each coloring page is on a separate sheet TAGS: black coloring book, midnight coloring book, black adult coloring book, midnight adult coloring book, swears coloring book, swear word coloring book, swear words adult coloring book, bullshit book, bullshit coloring book, james alexander, memos to shitty people, calm the fuck down, chill the fuck out, sasha o'hara, johanna basford, adult coloring books black background, adult coloring books black paper

A #1 NEW YORK TIMES BESTSELLER One of the most salient features of our culture is that there is so much bullshit. Everyone knows this. Each of us contributes his share. But we tend to take the situation for granted. Most people are rather confident of their ability to recognize bullshit and to avoid being taken in by it. So the phenomenon has not aroused much deliberate concern. We have no clear understanding of what bullshit is, why there is so much of it, or what functions it serves. And we lack a conscientiously developed appreciation of what it means to us. In other words, as Harry Frankfurt writes, "we have no theory." Frankfurt, one of the world's most influential moral philosophers, attempts to build such a theory here. With his characteristic combination of philosophical acuity, psychological insight, and wry humor, Frankfurt proceeds by exploring how bullshit and the related concept of humbug are distinct from lying. He argues that bullshitters misrepresent themselves to their audience not as liars do, that is, by deliberately making false claims about what is true. In fact, bullshit need not be untrue at all. Rather, bullshitters seek to convey a certain impression of themselves without being concerned about whether anything at all is true. They quietly change the rules governing their end of the conversation so that claims about truth and falsity are irrelevant. Frankfurt concludes that although bullshit can take many innocent forms, excessive indulgence in it can eventually undermine the practitioner's capacity to tell

the truth in a way that lying does not. Liars at least acknowledge that it matters what is true. By virtue of this, Frankfurt writes, bullshit is a greater enemy of the truth than lies are.

Alexandra's older brother died the night he graduated. That day changed everything for her. No longer was she the party girl. No longer did she care about being popular and no longer was her family the happy unit she always thought existed. The only person who could help her heal is the same person who loved her brother as much as she did, his best friend. She only hopes to keep her entire heart from breaking when Jesse will move on, and she knows he will. After Ethan died, Jesse excelled at basketball, partying, and girls. He used it all to turn his emotions off, but the irony was that Alex was the only person who could do that for him. She helped him forget, but she was the one person he shouldn't be with because the secrets he knows could shatter everything. They could shatter her. This is part one, so expect a cliffhanger for an ending.

The tenth-anniversary edition of the book that changed lives in profound ways, now with a new foreword and afterword. In 2006, a groundbreaking feature-length film revealed the great mystery of the universe—The Secret—and, later that year, Rhonda Byrne followed with a book that became a worldwide bestseller. Fragments of a Great Secret have been found in the oral traditions, in literature, in religions and philosophies throughout the centuries. For the first time, all the pieces of The Secret come together in an incredible revelation that will be life-transforming for all who experience it. In this book, you'll learn how to use The Secret in every aspect of your life—money, health, relationships, happiness, and in every interaction you have in the world. You'll begin to understand the hidden, untapped power that's within you, and this revelation can bring joy to every aspect of your life. The Secret contains wisdom from modern-day teachers—men and women who have used it to achieve health, wealth, and happiness. By applying the knowledge of The Secret, they bring to light compelling stories of eradicating disease, acquiring massive wealth, overcoming obstacles, and achieving what many would regard as impossible.

"This moving book shows you how to put your past behind you and unlock your full potential for living," -Brian Tracy, author of Change Your Thinking, Change Your Life. "Powerful, insightful, and life changing! Jessica helps you get to the core of what's holding you back, so you can reach more confidence and success faster. This book is a must read for anyone who is ready to break through barriers to live an extraordinary life and become their best selves," - New York Times Best-Selling Author Chris Widener, The Art of Influence In this ground breaking book, Jessica Rector, a thought leader on inner dialogue, shame, self-worth, and courage, shares her step-by-step process on the power of walking through shame to create more freedom, confidence, and success. As a past TV talk show host, Jessica knows the importance of asking the right questions. What's holding you back? What would it take for you to go after what you truly want? What thoughts do you need to change? Jessica takes you on a journey to

uncover how shame has been holding you back at work and home and what it takes to create a solid foundation on which to create a life you love. In just five proven steps, from recognizing shame to knowing how to confront it when it comes up again (because it will come up again), Jessica provides exactly what you can do to develop a blueprint for lasting results. Jessica, an award winning former top sales leader for a \$40 billion international company, shares her shame stories and experiences and walks you through how shame is showing up in your life, with real world examples of it in work, relationships, leadership, communication, parenting, self-talk, among others. She also shows you how shame manifests in your words and actions and what you can do to change it. *Breaking the Silence: Taking the Sh(hh) Out of Shame* is about taking this one thing, shame, that's been debilitating you unknowingly for years and letting it go...releasing it, so you're able to speak your voice, stand in your power, and be your truest, best self. BOOM, let's go! Jessica Rector is a writer, keynote speaker, and consultant. Her mission is to transform lives. As a thought leader, she uses her research to change what you're saying to yourself about yourself to improve performance, increase sales, and enhance leadership. Jessica works with companies who want their people to create better sales, communication, and leaders. She runs two companies: jessICAREctor International and This Man Thing. Because her brother died, she also coaches men to truly live, become their truest, best badass selves, and increase their freedom, confidence, and success. She is a Contributor for Huffington Post and The Good Men Project and her work has been featured on ABC, NBC, Fox, CBS, Business Insider, and Market Watch. She resides with her son in Fort Worth, TX.

Romi shares exactly how she talked her way into a Seven-Figure network marketing business and how you can too. You'll learn: The Posture to confidently connect with anyone about your business and your products. The Possibilities for a lucrative, efficient and enormously fun turn-key business. The Power that's already within you to build the life you really want if you dare. Romi Neustadt is a former corporate chick (lawyer, PR executive) who traded in the billable hour for time and money freedom. She's built a 7-figure business that allows her and her husband John and two kids to LiveFullOut. And she's devoted to helping others design the lives they really want too!

36 real authors give us an in depth look at their successes, their mistakes, and their careers as writers. There is nothing in the world as incredible as creating something, and getting to hear about other people enjoying it. You know that you've made a change in someone's life, even if it's only in a small way. It's one of the best feelings in the world. Everyone who becomes a professional author does so for different reasons. They each face different obstacles, have different goals, and choose different paths. The more authors that a new writer gets the opportunity to learn from, the greater the chance that they'll find someone they resonate with, and that they'll discover something that can help them in their own career. Some of the authors in this book are self-published;

others are traditionally published. Some have worked with agents, and others have chosen to represent themselves. Some authors in this book generate hundreds of thousands of dollars in royalties, while others have just finished their very first novel. Some exclusively write fiction, some non-fiction, and some write a bit of both. Some of them write just for the joy of writing, others for the money, and still others because they have a story that NEEDS to be told. If you take your writing seriously, and are keen to be the best author that you can be, then *How to be an Author: 36 Real Authors Talk Writing and Publishing* is the book for you.

Are You Pissed Off That Life Didn't Give You An Instruction Manual? Do you find yourself struggling to figure out what you really want in life? Or do you know exactly what you want, but can't ever get it because you're trapped by fears, unwanted thoughts, and unshakeable habits? Are you successful in certain areas, but still feel like something is missing in your relationships, finances, physical health, or overall happiness? No matter what your challenge is, the root cause of why we get stuck in any area of life is fundamentally the same. The good news is that when you understand what's really been secretly holding you back, you'll finally have the map for how to escape. You're about to discover:

- The secret to getting answers when you're feeling lost, confused, and have no idea what to do or where to even begin.
- How to tap into your inner strength to experience more motivation, happiness, and fulfillment on demand – regardless of what's happening in your life.
- How to get whatever you want even if you're stressed out, busy, or have a million excuses.
- What the 6 things are that drive all of your behavior and how to tap into them to reprogram any thought or habit on a neurological level.
- What the most common fear is that holds people back, and why you'll never overcome it until you understand this one simple thing.
- Why it's impossible to remove a bad habit, and what you must do instead.
- Why a force stronger than willpower may be your missing link to getting yourself out of any rut.
- Why much of the great advice you've heard, especially from self-help and personal development gurus, may be the very thing that's keeping you stuck.
- Why looking to find your life's purpose is almost always going to backfire on you.
- Why the truth gets you stuck more often than lies, and what the “real” truth is when it comes to you becoming a master of your life.
- How being selfish can be the best thing for you and for the rest of the world.
- Why being stuck may be exactly what you need to make your next breakthrough.

If you've ever asked yourself...

- What's my purpose and how do I find it?
- Why do I know I should feel grateful, happy, or fulfilled but still I feel absolutely miserable?
- Why can't I get myself to do the things I say I'm going to do?
- Why are people crazy and how do I learn to live with them?
- How can I stop obsessive thoughts and get rid of unwanted emotions?
- What can I possibly do to change things when everything seems so hopeless and beyond my control?

If so, then this will be one of the most eye-opening books you'll ever read. How can I make such a bold claim? I am regular guy who used to be out of shape, broke, and struggling to find answers to life's big questions. After years of study and thousands of dollars spent on

education from the world's leading experts in psychology, neuroscience, spirituality, and personal development, I applied many great concepts to my own life. And... nothing much happened. At least not until I discovered a few more key insights that tied everything together into a concise system. Since then, I've become a bestselling author, achieved financial freedom, maintain a fit body year round, and am living a life of freedom and fulfillment. So I decided to write the book I wish I had handed to me from the very start of things, the instruction manual for life if you will, to help you achieve whatever breakthroughs you desire in your life. This book is my gift to you, and I hope you enjoy reading it as much as I enjoyed writing it. To your happiness and success, Derek Doepker

The Questing Stones have come to Nowherested, and Evelia Greene is finally ready to receive her life's quest. Perhaps she'll be a great warrior, or a wealthy merchant, or a brilliant mage. Perhaps her quest is simply to live a quiet life, constantly honing a craft to the heights of perfection. Or perhaps the Questing Stones will grant her the Legendary mission of popping over to the next village to pick up a loaf of bread. Wouldn't that be ridiculous? Eve can't even begin to guess how or why she's come by such an absurd life goal, nor how a level 1 Messenger Girl is supposed to complete anything labeled as Legendary, but at least she can be sure of one thing. No matter how many wolves or goblins attack, no matter how many speeding tickets she racks up, no matter how many bakeries spontaneously combust as she steps into town, one way or another, Eve is going to get that gods-damned bread. There just might be a few Side Quests along the way.

2016 marked the birth of the post-truth era. Sophistry and spin have coloured politics since the dawn of time, but two shock events - the Brexit vote and Donald Trump's elevation to US President - heralded a departure into murkier territory. From Trump denying video evidence of his own words, to the infamous Leave claims of £350 million for the NHS, politics has rarely seen so many stretching the truth with such impunity. Bullshit gets you noticed. Bullshit makes you rich. Bullshit can even pave your way to the Oval Office. This is bigger than fake news and bigger than social media. It's about the slow rise of a political, media and online infrastructure that has devalued truth. This is the story of bullshit: what's being spread, who's spreading it, why it works - and what we can do to tackle it. Expanding upon his viral TEDx Talk, psychology professor and social scientist John V. Petrocelli reveals the critical thinking habits you can develop to recognize and combat pervasive false information that harms society in *The Life-Changing Science of Detecting Bullshit*. Bullshit is the foundation of contaminated thinking and bad decisions leading to health consequences, financial losses, legal consequences, broken relationships, and wasted time and resources. No matter how smart we believe ourselves to be, we're all susceptible to bullshit—and we all engage in it. While we may brush it off as harmless marketing sales speak or as humorous, embellished claims, it's actually much more dangerous and insidious. It's how Bernie Madoff successfully swindled billions of dollars from even the most experienced financial experts with his Ponzi scheme. It's how the protocols of Mao Zedong's Great Leap Forward resulted in

the deaths of 36 million people from starvation. Presented as truths by authority figures and credentialed experts, bullshit appears legitimate, and we accept their words as gospel. If we don't question the information we receive from bullshit artists to prove their thoughts and theories, we allow these falsehoods to take root in our memories and beliefs. This faulty data affects our decision making capabilities, sometimes resulting in regrettable life choices. But with a little dose of skepticism and a commitment to truth seeking, you can build your critical thinking and scientific reasoning skills to evaluate information, separate fact from fiction, and see through bullshitter spin. In *The Life-Changing Science of Detecting Bullshit*, experimental social psychologist John V. Petrocelli provides invaluable strategies not only to recognize and protect yourself from everyday bullshit, but to accept your own lack of knowledge about subjects and avoid in engaging in bullshit just for societal conformity. With real world examples from people versed in bullshit who work in the used car, real estate, wine, and diamond industries, Petrocelli exposes the red-flag warning signs found in the anecdotal stories, emotional language, and buzzwords used by bullshitters that persuade our decisions. By using his critical thinking defensive tactics against those motivated by profit, we will also learn how to stop the toxic misinformation spread from the social media influencers, fake news, and op-eds that permeate our culture and call out bullshit whenever we see it. This caustically funny Webster's of the workplace cuts to the true meaning of the inane argot spouted in cubicles and conference rooms across the land. It's time to face the facts: We live in the Golden Age of Bullshit. And as anyone who has ever worked in an office knows, the corporate world is a veritable sea of B.S.—and we are all drowning in it. Thank God for Lois Beckwith, an actual human being with the courage and moral fiber to cut through the crap (so to speak) and give us citizens of the working world the lowdown on what all this corporate lingua franca actually means. Breathe easy. *The Dictionary of Corporate Bullshit* will make your job a whole lot easier, telling you how to get ahead (kissing ass, playing golf), avoid annoying colleagues (use caller ID), and ride the elevator without ruining your career (if you gossip, use pronouns, and never talk to the CEO). If you have ever wondered what a mindshare is (some kind of drug?), puzzled over the meaning of words like impactful or incentivize (here's a clue: those are not actual words), or been faced with a glassy-eyed zombie of a coworker singing the praises of synergy, then *The Dictionary of Corporate Bullshit* is for you! Forget what you learned in BsSchool—this handy reference guide will teach you everything you need to know about the empty, enraging, and just plain stupid gobbledygook that masquerades as “communication” in the working world.

"Best-selling author Kevin Duncan presents the world's most comprehensive collection of total bullshit, diligently collected over 35 years. His incisive take on all this boardroom nonsense lifts the lid on the truth behind business vocabulary, and tells us what people are really trying to say."--Back cover.

READY TO KICK THE CRAP OUTTA ANXIETY, STRESS, FEAR, DOUBT, LACK OF CONFIDENCE AND EVERY OTHER LITTLE D-BAG THAT STOPS YOU LIVING YOUR BEST LIFE? THEN THIS NO BS GUIDE IS FOR YOU! Lee Bridges teaches super simple, ridiculously easy life hacks that can be actioned today with immediate effect. After a horrendous battle with drugs, a brutal car crash, loads of failed businesses, an assault, an arrest, a lost court case, and a whole shed load of other life affirming crazy before finally getting it all right, Lee shows you exactly how to learn from

his mistakes to get you to the turbo-charged, 2.0 version of yourself quicksmart. What you will learn: Feel positive & happy at the flick of a switch Create a bullet-proof mindset that will inspire others Get what you want while keeping your ethics intact Grow confidence without being someone you are not Gain simple techniques to learn anything super fast Prepared to be energised!

The In-Your-Face, Results-Focused, No-“Kumbaya” Guide to Social Media for Business! Detailed techniques for increasing sales, profits, market share, and efficiency Specific solutions for brand-building, customer service, R&D, and reputation management Facts, statistics, real-world case studies, and rock-solid metrics Stop hiding from social media--or treating it as if it's a playground. Start using it strategically. Identify specific, actionable goals. Apply business discipline and proven best practices. Stop fearing risks. Start mitigating them. Measure performance. Get results. You can. This book shows you how. Jason Falls and Erik Deckers serve up practical social media techniques and metrics for building brands, strengthening awareness, improving service, optimizing R&D, driving better leads--and closing more sales. “Conversations” and “communities” are wonderful, but they're not enough. Get this book and get what you really want from social media: profits. Think social media's a passing fad? Too risky? Just a toy? Too soft and fuzzy? Not for your business? Wake up! It's where your customers are. And it ain't going away. Does that suck? No. It doesn't. Do social media right, and all those great business buzzwords come true. Actionable. Measurable. And...wait for it...here comes the big one. Profitable. Damn profitable. Want to know how to do it right? We'll show you. And, yeah, we know how because we've done it. This is the bullshit-free, lie-free, fluff-free, blessedly non-New-Age real deal. You're going to learn how to use social media to deliver absolutely killer customer service. How to R&D stuff people actually want. Develop scads of seriously qualified leads. You'll figure out what you want. You know, the little things like profits, market share, loyalty, and brand power. You'll figure out how to measure it. And then you'll go get it. One more thing. We know what scares you about social media. Screwing up (a.k.a., your mug on the front page of The Wall Street Journal). So we'll tell you what to do so that won't happen. Ever. No B.S. in this book. Just facts. Metrics. Best practices. Stuff to warm the hearts of your CFO, CEO, all your C-whatevers. And, yeah, you. So get your head out from under the pillow. Get your butt in gear. Let's go make some money.

THE BROWN BOOK OF BULLSHIT is more of a laid back, comical, yet very relatable book discussing the bullshit that we get faced with in life. From fake ass friends, issues at work, to that overrated shit called love. THE BROWN BOOK OF BULLSHIT covers it all and explains ways in which you can approach and outlast shitty situations and people. They say if it's yellow leave it mellow, if it's brown flush down. So it's up to you to decide what to do with that shit ... Literally!

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