

Bird Watching On Playing And Coaching The Game I Love

'I can't remember the last book I read that I could say with absolute assurance would save lives. But this one will' Chris Packham 'Fabulously direct and truthful, filled with energy but devoid of self-pity . . . I was impressed and enchanted. Highly recommended' Stephen Fry 'Succeeds – triumphantly – in articulating with great honesty what it is like to suffer with a mental illness, and in providing strategies for coping' Mail on Sunday When Joe Harkness suffered a breakdown in 2013, he tried all the things his doctor recommended: medication helped, counselling was enlightening, and mindfulness grounded him. But nothing came close to nature, particularly birds. How had he never noticed such beauty before? Soon, every avian encounter took him one step closer to accepting who he is. The positive change in Joe's wellbeing was so profound that he started a blog to record his experience. Three years later he has become a spokesperson for the benefits of birdwatching, spreading the word everywhere from Radio 4 to Downing Street. In this groundbreaking book filled with practical advice, Joe explains the impact that birdwatching had on his life, and invites the reader to discover these extraordinary effects for themselves. Spring returns and with it the birds. But it also brings throngs of birders who

emerge, binoculars in hand, to catch a glimpse of a rare or previously unseen species or to simply lay eyes on a particularly fine specimen of a familiar type. In a delightful meditation that unexpectedly ranges from the Volga Delta to Central Park and from Charles Dickens's *Hard Times* to a 1940s London burlesque show, Jeremy Mynott ponders what makes birds so beautiful and alluring to so many people. Princeton Shorts are brief selections taken from influential Princeton University Press books and produced exclusively in ebook format. Providing unmatched insight into important contemporary issues or timeless passages from classic works of the past, Princeton Shorts enable you to be an instant expert in a world where information is everywhere but quality is at a premium.

"Delightful." BOOKLIST "Readers will laugh at the antics of steel magnolia vigilante justice as the tea-toting, bible-quoting ladies fumble and bumble in their endeavor to protect their cohort and town . . . the classic good rural vs. evil-urban premise makes for a fine, polite (sort of like a southern contemporary *Arsenic and Old Lace*) . . . tale." - Harriet Klausner Book Reviews Coconut cake, grits, poisoned turtle stew and bird-watching . . . the ladies of tiny Tea-Olive, Georgia share a lot of interests, including murder. Retired judge L. Hyson Breed, a Yankee, picked the wrong Southern woman to trick, bully and steal from. The

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members of the Tea-Olive Bird Watching Society plot revenge after the judge's marriage to their friend, Sweet, turns out to be a greedy grab for her land and for control of their town. To the rescue: Beulah, Zion and Wildwood (all named after hymns, as is Sweet). The only problem? The wannabe murderers are southern matrons from a more civilized generation. How does one remain polite even while planning to kill a man and get away with it? Augusta Trobaugh is the acclaimed author of these southern novels also from Bell Bridge Books SOPHIE AND THE RISING SUN MUSIC FROM BEYOND THE MOON RIVER JORDAN RESTING IN THE BOSOM OF THE LAMB SWAN PLACE PRAISE JERUSALEM!

Animal Subjects finds a new understanding of animal life in the literature and science of the early twentieth century.

This book introduces some 75 species of wetland birds to readers through the eyes of Kate Humble. As she freely admits herself, Kate is still learning her birds, so to find out more she contacted Martin McGill of the Wildfowl & Wetlands Trust to act as her guide. Their birdwatching sessions together form the basis of this book. As Kate learns the difference between a Canada Goose and a Barnacle Goose, which ducks dive and which ducks dabble, and how to tell apart those little brown jobs that warble from the reedbeds, so she passes on the information to the reader as she goes. The effect is not dissimilar to the Last Chance to See

series, in which Mark Carwardine and Stephen Fry scour the world for endangered species. The difference between Canada Geese and Barnacle Geese? Just remember that the C-anada goose has a C-hin-strap. The Teal is the Ziggy Stardust of the duck world, while the Shoveler feeds as though it's dropped its contact lenses. Each species takes up approximately two pages, complete with photographs and illustrations to bring out the key identification and behavioural points. The birds are divided into simply titled groups - large waddling birds, little brown jobs, and so on. Other chapters in the book cover topics such as basic equipment, clothing, hide etiquette and more, each written for the beginner in Kate's style. WWT centres: Slimbridge (Glos), Arundel (Sussex), Wetland Centre (Barnes), Welney (Norfolk), Washington (Tyne & Wear), Caerlaverock (Dumfries), Martin Mere (Lancs), Llanelli (Wales), Castle Espie (N Ireland).

Alex Horne is not a birdwatcher. But his dad is, so with the prospect of fatherhood looming on his own horizon, Alex decided there was no better time to really get to know both his father and his father's favourite hobby. So he challenged his dad to a Big Year: from 1 January to 31 December they would each try to spot as many birds as possible; the one who spied the most species would be the victor. Along the way Alex would find out what makes his dad tick,

pick up a bit of fatherly wisdom and perhaps even 'get into' birdwatching himself. Join Alex as he journeys from Barnes to Bahrain in this charming tale of obsession, manliness, fathers and sons, and the highly amusing twists and turns of a year-long bird race.

NEW YORK TIMES BESTSELLER Acclaimed sports journalist Jack McCallum delivers the untold story of the greatest team ever assembled: the 1992 U.S. Olympic Men's Basketball Team. As a writer for Sports Illustrated, McCallum enjoyed a courtside seat for the most exciting basketball spectacle on earth, covering the Dream Team from its inception to the gold medal ceremony in Barcelona. Drawing on fresh interviews with the players, McCallum provides the definitive account of the Dream Team phenomenon. He offers a behind-the-scenes look at the controversial selection process. He takes us inside the team's Olympic suites for late-night card games and bull sessions where superstars like Michael Jordan, Magic Johnson, and Larry Bird debated the finer points of basketball. And he narrates a riveting account of the legendary intrasquad scrimmage that pitted the Dream Teamers against one another in what may have been the greatest pickup game in history. In the twenty years since the Dream Team first captivated the world, its mystique has only grown. Dream Team vividly re-creates the moment when a once-in-a-millennium group of athletes came

together and changed the future of sports—one perfectly executed fast break at a time. With a new Afterword by the author. “The absolute definitive work on the subject, a perfectly wonderful once-you-pick-it-up-you-won’t-be-able-to-put-it-down book.”—The Boston Globe “An Olympic hoops dream.”—Newsday “What makes this volume a must-read for nostalgic hoopsters are the robust portraits of the outsize personalities of the participants, all of whom were remarkably open with McCallum, both then and now.”—Booklist (starred review)

In *Bird Songs*, ornithologist Les Beletsky profiles 250 birds alongside colorful illustrations, and includes a digital audio player that provides the corresponding song for each of the 250 birds. Drawing from the collection of the world-renowned Macaulay Library at the Cornell Lab of Ornithology, *Bird Songs* presents the most notable North American birds—including the rediscovered ivory-billed woodpecker—in a stunning format. Renowned ornithologist Les Beletsky provides a succinct description of each of the 250 birds profiled, with an emphasis on their distinctive songs. Lavish full-color illustrations accompany each account, while a sleek, built-in digital audio player holds 250 corresponding songs and calls. In his foreword, North American bird expert and distinguished natural historian Jon L. Dunn shares insights gained from a lifetime of passionate study. Complete with the most up-to-date and scientifically accurate information, *Bird Songs* is the first

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book to capture the enchantment of these beautiful birds in words, pictures, and song.

Silas and Ethel Woodlock retire to spend their twilight years by the sea, only to find themselves traumatised by herring gulls. London journalist Stephen Osmer writes a provocative essay about two people called Nicholas Royle, one a novelist, the other a literary critic. Whether Royle, the literary critic, is having an affair with the beautiful Lily Lynch, and has stolen and published Silas Woodlock's short story, 'Gulls', becomes a race to the death for at least one of the authors. Playfully commenting on the main story are 17 'Hides': primarily about birds, ornithology and films (including Hitchcock's), these short texts give us a different view of the messy business of being human, the fragility of the physical world we inhabit and the nature of writing itself. Witty as well as erudite and delightful in its wordplay, *An English Guide to Birdwatching* explores the fertile hinterland between fact and fiction. In its focus on birds, climate change, the banking crisis, social justice and human migration, it is intensely relevant to wider political concerns; in its mischief and post-modern (or 'post-fiction') sensibility, it celebrates the transformative possibilities of language and the mutability of the novel itself.

At Warburg, Germany, in 1941, four British PoWs find an unexpected means of

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escape from the horrors of internment when they form a birdwatching society, and embark on an obsessive quest behind barbed wire. Through their shared love of birds, they overcome hunger, hardship, fear and stultifying boredom. Their quest draws in not only their fellow prisoners, but also some of the German guards, at great risk to them all... Derek Niemann draws on original diaries, letters and drawings, to tell of how Conder, Barrett, Waterston and Buxton were forged by their experiences as POWs into the giants of post war wildlife conservation. Their legacy lives on, in institutions such as the RSPB and the British Wildlife Trust.

"In *The Art of Mindful Birdwatching*, Claire Thompson elegantly weaves a narrative full of her own delightfully documented encounters with birds in amongst sage guidance on using mindfulness to help readers become deeply aware of the present moment. Following Claire's clearly described exercises has the potential to lead one from mere identification to making deeply insightful observations into the life of birds." - British Trust of Ornithology Through personal anecdote and expert insight, Claire Thompson of BirdLife International invites us on a mindful journey through gardens, cities, open country, forests, coasts and mountains to enjoy and learn from the magnificent beauty and diversity of the avian world. Who has never gazed enviously at a bird soaring through the sky?

Or delighted in the uplifting tunes of nature's songsters? Birds can do wonders for our hearts and minds - if we simply pay them attention. With *The Art of Mindful Birdwatching*, Claire Thompson reveals how the practice of mindfulness enriches our birdwatching experiences - and explores how birds are, in turn, the ideal inspiration for the practice of mindfulness. To Claire, bird flight is a symbol of freedom to soar through life without constraint, and mindfulness similarly enables us to invite freedom and happiness into our own lives.

For lovers of Alexander McCall Smith, Nicholas Drayson introduces the charming Mr Malik and the East African Ornithological Society in *A Guide to the Birds of East Africa*. Reserved, honourable Mr Malik. You wouldn't notice him in a Nairobi street - except, perhaps, to comment on his carefully sculpted comb-over - but beneath his unprepossessing exterior lie a warm heart and a secret passion. Not even his closest friends know it, but Mr Malik is head-over-heels in love with the leader of the local Tuesday-morning bird walk, Rose Mbikwa. Little can he imagine the hurdles that lie before him. Even as he plucks up the courage to ask for Rose's hand, thieves, potential kidnappers and corrupt officials, not to mention one particularly determined love rival, seem destined to thwart Mr Malik's chances. Will an Indian gentleman in the heart of Africa be defeated by the many obstacles that stand between him and his heart's desire? Or will honour and

decency prevail? 'A funny, ingenious and touching love story' Joanne Harris, The Times 'A delightful comedy... It invites comparison to The No.1 Ladies' Detective Agency books, but it's original and, if anything, has more depth' Daily Mail 'Sweet, charming and utterly wonderful on the subject of birds' Metro Nicholas Drayson was born in England and has lived in Australia since 1982, where he studied zoology and a PhD in 19th century Australian natural history writing. He has worked as a journalist in the UK, Kenya and Australia, writing for publications such as the Daily Telegraph and Australian Geographic. He is the author of three other novels, Confessing a Murder, Love and the Platypus and A Guide to the Beasts of East Africa.

Presents the life and career of professional basketball player Larry Bird, including his career with the Boston Celtics and his coaching career.

Reproduction of the original: Bird Watching by Edmund Selous

"There is a great deal more to birding than simply identifying species and ticking them off a list... The places, the experiences, the feelings, the fun, even the frustrations. Those are the joys." In this enjoyable and accessible practical guide, self-confessed birdwatching fanatic Bill Oddie teams up with experienced nature broadcaster and author Stephen Moss to impart a lifetime of knowledge and handy tips. Guiding you through your first steps into the world of birding with

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useful information on equipment, techniques and important insider hints, Bill's warm and friendly advice will help you on your very first birding trip, and his priceless knowledge of what to look out for will aid you as you develop to track the rarest birds and most treasured spectacles. Peppared with humorous anecdotes and musings, and illustrated throughout with useful colour photographs and Bill's own sketches and diagrams, *Birding with Bill Oddie* is the essential birding field guide, clearing the way for you to fully enjoy this most thrilling and fulfilling of pastimes.

The definitive how-to guide to watching and enjoying birds in Vermont including a special section for beginners.

Find Joy in the Beauty and Wonder of Birds *Birding* is among the most popular outdoor activities—especially in the Midwest, where hundreds of different bird species can be seen and observed. Now is the perfect time to join the fun and let our feathered friends astonish and inspire you. Award-winning author, naturalist, and wildlife photographer Stan Tekiela has written best-selling bird identification guides for every Midwestern state. In *Stan Tekiela's Birding for Beginners: Midwest*, he provides the information you need to become a skilled birder in Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska, North Dakota, Ohio, South Dakota, and Wisconsin. The first section of the book

presents “how to” information. Learn the basics of bird feeders. Get to know your birdseed. Create a bird-friendly yard—and even make your own bird food with do-it-yourself recipes. The book’s second section is an identification guide, featuring 55 Midwestern birds that are most likely to be seen at your backyard feeder or near your home. The species are organized by color, making it simple to identify what you see. If you spot a yellow bird, go to the yellow section to discover what it is. Each bird gets a full-page photograph with notations about key field marks, or identification characteristics. The full-color photos are paired with information ranging from the bird’s nest and eggs to favorite foods, as well as Stan’s fascinating naturalist notes. Give birding a try, and get started with the guidance of an expert. You’ll be amazed by how much joy birds can bring, and you’ll have a lifetime to enjoy them.

A gorgeously illustrated and interactive full-color guide to more than 181 birds of North America, based on the bestselling board game, Wingspan. Praised for its gorgeous illustrations, accurate portrayal of bird habitats, and its gameplay, the bird-focused board game Wingspan has become an international sensation, available in a dozen languages and selling more than 200,000 copies its first year. Celebrating Birds is the ultimate companion to the game for fans, as well as a beautiful and in-depth field guide for avian and nature enthusiasts. In addition

to large-size representations of each bird and the most up-to-date bird descriptions provided by Cornell Lab of Ornithology, Celebrating Birds includes a step-by-step guide that can be used to take the game into the real world. Players can collect points based on the birds, nests, and various habitat and feeding clues they find outside. Artists and best friends Natalia Rojas and Ana Maria Martinez collaborated to create the beautiful depictions featured in the original Wingspan board game. Celebrating Birds features larger illustrations of the 170 North American birds from the game, plus eleven exciting new birds. With Celebrating Birds, players and amateur naturalists can discover details about many of the birds currently at risk for extinction. As the number of birds in the United States and Canada has declined precipitously, Celebrating Birds is a fun way to raise awareness, educate, encourage activism, and provide resources on some of the most important ecological issues facing us today.

The Bird Watchers Record Book is a place to record your sightings. This handy book is easy to carry and a nice reference for anytime you want to recall comments about past sightings. Most of the information you care to remember about each bird can be detailed on one of over 100 pages with extra room for comments. The section titled: "Bird Log" has enough space to list over 85 bird watching sightings. Keep organized with the Bird Watchers Record Book. Buy for

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yourself or give to that Bird Watching person you know who will surely appreciate the gift.

BIRDER'S LOG BOOK There's nothing better than spending time out in nature, with camera and binoculars in hand creating new memories with your family on a birding trip! And now, you can capture every special moment and record all your adventures with this beautiful bird watching journal! Imagine capturing a picture of your favorite species. This Bird Watcher's Journal features:

Birds Britannica covers cultural links; social history; birds as food; ecology; the lore and language of birds; myths, art, literature and music; anecdotes, birdsong and rare facts; modern developments; migration, the seasons and our sense of place. An attempt to describe the interaction of birds and humans, it captures the essence of why birds matter.

From the author of the acclaimed Tap the Magic Tree! Search for hidden birds and count them, too, in this seek-and-find picture book with a satisfying surprise. Delicate artwork, a focus on counting, and an engaging treasure hunt will entice fans of Janell Cannon's Stellaluna and Steve Light's Have You Seen My Dragon? There are treasures hiding in the trees! Can you find them? From the author of the acclaimed and bestselling Tap the Magic Tree, this stunning picture book merges basic math concepts with elements of a treasure hunt. With different species of birds and other forest animals hiding in the trees and bushes, there is something new to discover on every page. Patience is rewarded as readers learn to count backward from

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ten, meet new birds, and learn about the diverse ecosystem of the forest. Beautiful watercolor-and-collage art, a playful counting text, and a search-and-find theme will inspire children and parents to return to Bird Watch again and again. And for curious young birders, a page of information about bird-watching and the different birds that appear in the book is included.

110 Pages With Index for 107 Bird / Size 8 x 10 Great Book For Adults & Kid A unique logbook for birdwatching lovers with fields to fill all your important observations: Space to place your photos or sketch the bird. Bird name. Observation date, time . Weather, temperature. All the other species you might see in the area. Bird Behaviour. Color. Habitat and any additional notes. gift for your wife, husband, mom, daughter, father, son, grand dad, uncle, aunt, boyfriend, girlfriend, and your loving one's. It's a perfect gift idea for any occasion as halloween, holiday , anniversary, fathers day, mothers day, christmas, birthday, happy new year, valentines

This is a story of a college kid who joins his alcoholic novelist-wannabe father Mole Molineux and his cast of oddball friends Suitcase, Beans, and Josh Keenan as they embark on a booze-and drug-filled bird-watching expedition through Pennsylvania and New Jersey. They jam to Creedence, ride a pony, find a pig in a blanket, preach the gospel to turkeys, and teach an Asian Brothel the wonders of Old Yeller as they head to the World Series of Birding. An offbeat coming-of-age tale about drinking, birding, and finding your place in the world.

Bird Watcher Bernie Story Decks? encourage a love of bird watching and promote positive values like family togetherness and dreaming big.. In Bird Watcher Bernie Sells Bird Food, Bernie and his daughter Elle dream big about turning their love of birdwatching into a business and selling bird food to birds. The story and art work make Bird Watcher Bernie fun for all ages. Bird-watching is a top 3 activity in the USA with 43 million plus participating. Bird Watcher

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Bernie story decks do more than sell themselves to birding families, the story decks are a way for parents and grandparents to hand down their love of bird-watching and bird feeding to the next generation. Story Decks make reading super fun as everyone loves cards. The decks are portable and easy to handle. They make reading very fun and tactile. Story decks enrich reading and encourage interactive play. And the decks are a great way to read together remotely over Zoom.

With attractive, child-friendly illustrations and simple, accessible and informative text, this title provides an ideal introduction to the 20 most common British garden birds.

"Paula McCartney's Bird watching series has been included in the Midwest Photographers Project at the Museum of Contemporary Photography at Columbia College, Chicago since 2005."

This unprecedented and enchanting treasure trove of paintings, drawings, poems, essays, and scientific observations beautifully captures the interest and emotions birds evoke.

Get ready to take your binoculars and visit your favorite bird watching area with this birding journal which has been created to help you to record your sightings, list the species you have found and improve your birdwatching skills. This 125 pages journal (6"x9") includes: an index to find back your favorite species pages to write down every details about your bird watching session (date, location, weather, comments, etc.) log pages to list all the species observed, describe their behaviours and remember which techniques were used at the moment This journal makes a great gift for any bird watcher or bird lover.

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This guide covers the very best birding sites in Britain. In a format familiar to readers of this popular series, each site is considered in terms of 'Habitat', 'Access' and 'Birds', allowing birders of all levels to plan successful birding trips anywhere in Britain, and to maximise the chances of getting the best out of each site and each region. The book includes detailed maps of the larger sites, plus general maps of the regions covered, and it is illustrated with attractive line drawings. This book has been extensively revised, with several new sites added for this edition, together with information on disabled access for most sites. Praise for the 1st edition: "There could be no better guide than this book" Chris Packham "Highly recommended....the best guide of its kind" RSPB Birds "Don't leave home without it" Birding

A practical guide to observing, identifying and understanding birds. If you want to know what birds are likely to turn up in your garden or where to go to see spectacular bird-life, RSPB Birdwatching for Beginners is the best place to start. Perfect for the novice birdwatcher, with everything you need to know about observing birds in their natural environment, but packed with facts and details invaluable to the experienced birdwatcher. Features 250 of the most common species found throughout the UK and Europe, complete with photographs, descriptions, and distribution maps to aid in identification. Provides expert spotting tips and lists the best birdwatching sites along with what to look for in each habitat. Fully updated to include all the latest developments in photographic equipment and online technology as well as information

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on every aspect of birds, from their anatomy and behaviour to how to identify them in the field, RSPB Birdwatching for Beginners has everything you need to know. Previously published as RSPB Birdwatching (9780751337334)

'A wonderful book... beautifully told. He packs his pages with fascinating, often hilarious anecdotes and information. A social history which is a surprise and a delight' Val Hennessy, Daily Mail Critic's Choice Scholarly, authoritative and above all supremely readable, Stephen Moss's book is the first to trace the fascinating history of how and why people have watched birds for pleasure, from the beginnings with Gilbert White in the eighteenth century through World War Two POWs watching birds from inside their prison camp all the way to today's 'twitchers' with their bleeping pagers, driving hundreds of miles for a rare tick. 'Thoroughly researched and well-written' Mark Crocker, Guardian 'Moss knows his subject intimately and writes about it with just the right mixture of affection and occasional quizzicality' Jonathan Bate, Sunday Telegraph 'It would be difficult to imagine anyone producing a more comprehensive, thoughtful, intelligent and entertaining examination of how people have watched birds at each point in history. In fact, it is one of the few books which might prove such compulsive reading that even a dedicated twitcher might forego a day in the field to stay at home to finish it' Bryan Bland, Birding World

Larry Bird captured the imagination and admiration of basketball fans throughout his thirteen-year career with the Boston Celtics with his trademark style of creative,

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intelligent, exciting, and hard-nosed play. And then, last year in his rookie season as head coach of the Indiana Pacers, he infused the team with these same qualities -- and the results were remarkable. He turned around a slumping franchise and led the Pacers to the conference finals. To finish off a great season, Bird was named the NBA's "Coach of the Year" -- quite an accolade for Bird, who had never coached before and surprised many fans with his unusual and unorthodox coaching methods. This book is a look into one of the greatest minds to have ever stepped on a hardwood court. Larry Bird shares his inner thoughts on basketball that to date only his Celtic teammates and Pacers players have been privy. From dissecting offensive and defensive strategies to assessing the talent of NBA players; from sharing the genesis of his coaching philosophies to how he deals with today's overpriced and temperamental players, it's all there. This book is Larry Bird's basketball playbook, and it's the one book every basketball fan will want to read. Cover design by Tom Tafuri Cover photograph by Glenn James/NBA Photos

If you enjoy bird watching you'll like having a place to record your sightings. This handy Bird Watching Log Book is easy to carry and will be a great reference anytime you want to look at your past sightings and comments. Keep most of the information you'd want to remember about each bird in detailed records on one of over 100 pages with extra space for comments. Keep a log of sightings in the section titled: "Bird Log" with enough space to list over 60 different birds. Stay organized and treat yourself to the

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Bird Watching Log Book or give to someone as a gift that is surely to be appreciated. Birding is one of the most popular and fastest-growing outdoor activities, but it can seem intimidating for beginners who don't know where, when, or how to search for birds. Fortunately, Pete Dunne, one of the most popular and respected writers in the field, has written a guide that will help even the most casual observers identify the skills and tools they need to develop their interest in birding.

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