

## American Heart Association Crash Cart Guidelines

P: Pediatric Nursing Care: A Concept-Based Approach teaches undergraduate nursing students the need to know information for working in a pediatric nursing environment.

The Anesthesia Technician and Technologist's Manual is a comprehensive review of the core knowledge necessary for the day to day workflow of an anesthesia technician or technologist. The text is arranged into seven sections: Careers in Anesthesia Technology; Anatomy, Physiology, and Pharmacology; Principles of Anesthesia; Equipment Setup, Operation, and Maintenance; Operating Room and Hospital Environment; Operating Room Emergencies; and Acronyms and Abbreviations. This is also an ideal resource for those preparing for the ASATT certifying examination

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Written by experts in the anesthesiology field, this unique resource explores the various issues and complications that arise during the administration of anesthesiology in various clinical settings. To convey the depth and breadth of these potential obstacles, 26 real-life cases are explored and examined throughout the book. Each chapter includes a case summary, discussion questions, and selected references - all of which are supplemented by high quality illustrations and images that provide distinctive visual synopses of key teaching points. Clinical Anesthesiology II: Lessons from Morbidity and Mortality Conferences is an indispensable guide that functions as both a pragmatic reference and compelling read for practitioners and critical care medicine trainees.

Develop the critical assessment, clinical reasoning, and nursing care skills they need to deliver and practice safe and effective patient care. Each realistic, patient-care simulation focuses on a defined clinical domain, critical knowledge and skills, levels of competency, evidenced-based practice guidelines, National Patient Safety Goals, and research-based design characteristics.

Second edition titled: Evolve Reach comprehensive review for the NCLEX-RN examination.

This book is a quick reference guide to emergency medicine for clinicians and trainees. Presented as clinical case studies, it is divided over 21 chapters, each covering scenarios in different body systems. Cases are presented in an easy to read format, helping trainees form a diagnosis and quick treatment plan. The final section covers disaster management. Each case highlights clinical pearls and pitfalls, emphasizing the importance of a mis-diagnosis and its legal implications. Written by a recognised specialist from Chicago Medical School, the practical manual includes nearly 250 photographs, diagrams, tables and charts to enhance learning, as well as further reading suggestions. Key points Quick reference guide presenting 101 clinical case studies for emergency medicine clinicians and trainees Covers emergencies in all body systems Includes chapter on disaster management Authored by expert from Chicago Medical School

Offering a clear and concise presentation, ECG: ESSENTIALS OF ELECTROCARDIOGRAPHY is designed to help you understand the fundamental knowledge and skills necessary to successfully perform an ECG. Succinct yet comprehensive coverage includes instruction on the anatomy of the heart, electrophysiology of the heart, and ECG basics. The book is an excellent resource for a standalone ECG class, various college technology programs, a review course, or as a supplemental text to strengthen foundational skills. To prepare you for completing ECGs in the field, it presents a combination of introductory cardiovascular anatomy, relationships of other body systems to heart

health, essential legal and ethical considerations, patient assessment techniques, instructions on how to complete and document ECGs, and basic interpretation of the ECG tracing. Objectives you must master to qualify to sit for the National Healthcareer Association's EKG Technician Certification exam are addressed throughout. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

This training package contains materials for teaching the Advanced Cardiovascular Life Support (ACLS) course: 1 copy of the Advanced Cardiovascular Life Support (ACLS) Instructor Manual (90-1011), 2 copies of the Advanced Cardiovascular Life Support (ACLS) DVD (90-1009), 1 copy of the Advanced Cardiovascular Life Support (ACLS) Provider Manual (90-1014), 1 set of Advanced Cardiovascular Life Support (ACLS) Emergency Crash Cart Cards (90-1010), the Advanced Cardiovascular Life Support (ACLS) Poster Set (90-1013; shipped folded), and 1 American Heart Association Stopwatch (90-1509). All components are also sold separately. Based on 2010 American Heart Association Guidelines for CPR and ECC.

Patient safety and quality are an ever-increasing concern to consumers, payers, providers, organizations, and governments. However, high reliability methods and science that can provide efficient and effective care have still not been totally implemented into our healthcare culture. Nurses, representing the majority of healthcare workers, are on the front line of the delivery and provision of safe and effective care and are ideally situated to drive the mission to achieve high reliability in healthcare. High Reliability Organizations: A Healthcare Handbook for Patient Safety & Quality presents practical examples of HRO principles in order to establish a system that detects and prevents errors from happening even in the most difficult, high risk conditions. Authors Cynthia Oster and Jane Braaten provide healthcare professionals with tools and best practices that will improve and enhance patient safety and quality outcomes. This book provides: An overview of HRO science as an organizing framework for quality and patient safety, practical applications of HRO science, focusing on quality and patient safety, knowledge and tools that can be applied to current quality and safety practices and real-world examples of HRO principles employed in a variety of patient care areas.

Bringing together the clinical know-how of Kathy Bonewit-West, the administrative expertise of Sue Hunt, and the anatomy and physiology knowledge of Edith Applegate, this unique, hands-on text guides you through the medical knowledge and skills you need to succeed in today's fast-paced medical office. The latest standards and competencies for the medical assistant have been incorporated into this new edition, along with expanded coverage on important topics such as nutrition, the electronic medical record, ICD-10, emergency preparedness and disaster planning, time management, and computerized prescription refills. Consistent, meticulous coverage throughout the main text, IRM, SG, DVDs, Evolve, and more provide reliable content and unparalleled accuracy. Over 90 procedural videos on DVD and online provide a visual representation of important procedures. Expanded Student Evolve site contains all animations, games (such as Quiz Show and Road to Recovery), drag-and-drop exercises, Apply your Knowledge exercises, Prepare for Certification exercises, matching exercises, and other helpful activities such as blood pressure readings, determining height and weight, and drawing up medication. What Would You Do? What Would You Not Do? boxes and responses offer applications of real-life case studies. Clear and concise Anatomy and Physiology coverage covers the basics of A&P and eliminates the need for a separate A&P text. Content updates reflect the latest competencies for medical assistants and ensure you have the most current information on the newest trends and updates in the medical assisting world. 8th grade reading level makes material approachable and easy to understand. New chapter on Emergency Preparedness offers a well-rounded perspective on what to do in specific emergency situations. New OSHA Bloodborne Pathogens video improves your understanding of

personal safety following the OSHA standards. Pronunciation section in the Terminology Review gives you confidence with pronunciation and medical knowledge. Application to EMR where appropriate prepares you for the real world by dealing with electronic medical records. Launch your career in medical assisting with *Today's Medical Assistant, Clinical & Administrative Procedures, 3rd Edition!* Bringing together the clinical know-how of Kathy Bonewit-West, the administrative expertise of Sue Hunt, and the anatomy and physiology knowledge of Edith Applegate, this hands-on guide uses easy-to-follow language and detailed visuals to walk readers through all of the medical knowledge, procedures, and skills needed for success in today's fast-paced medical office. Not only does this new edition incorporate the latest standards and competencies throughout all of its content and resources, but it also includes an incredibly wide assortment of engaging learning tools and activities that help readers fully understand and demonstrate those competencies. If you want to be fully prepared for tomorrow's medical assisting profession, then look no further than *Today's Medical Assistant!* Consistent and meticulous coverage throughout the main text, Evolve resources, study guide, and SimChart for the Medical Office provide reliable content and unparalleled accuracy on the responsibilities of the modern medical assistant. The most up-to-date content outfits readers with the latest information and insights on key topics such as: electronic medical records (EMR), HIPAA, and advanced directives documentation, evaluation & management, office and hospital services (billing & coding) emergency preparedness ICD-10 coding medical office technology medical asepsis, OSHA Bloodborne Pathogens Standard; AIDS & Hepatitis, latex glove allergies vital signs pediatrics, immunization information, IM injection (theory), child abuse colonoscopies IV therapy CLIA waived tests Unique learning aids throughout the book include: procedure charting examples outlines, detailed learning objectives, and key terms for each chapter Highlight boxes What Would You Do? What Would You Not Do? boxes Patient Teaching boxes On the Web boxes Putting It All into Practice boxes Memories from Practicum boxes glossary of key terms Arsenal of engaging activities on the Evolve companion site gives users a fun way to practice their medical assisting knowledge. Over 120 procedures give readers clear, illustrated guidance on each step of every procedure. The procedural videos on the Evolve companion site enable users to view the procedures in action. 8th grade reading level makes material approachable and easy to understand for all types of readers. Full-color design makes the book visually stimulating. NEW! Chapter on nutrition underscores the CAAHEP curriculum's emphasis on nutrition by covering all of the latest nutritional information that pertains to today's medical assistants. NEW! Updated chapters on emergency preparedness and medical records ensure readers are up to date on the latest advances and rulings in these topical areas. NEW! Updated content aligned to the most recent CAAHEP and ABHES competencies ensures readers have the latest information needed to obtain employment and long-term success on the job. NEW! Expanded resources on Evolve now include videos, video evaluations, and practice examinations for the CMA, RMA, CCMA, and CMAA. NEW! Tie-in with SimChart for the Medical Office links important text content to opportunities for hands on practice working on Elsevier's educational EHR. NEW! Updated photographs and illustrations give readers a closer look at today's most pertinent information and skills for the medical assistant. NEW! Expanded A&P key terminology sections give readers ample terminology reinforcement, including proper pronunciations.

Covering the full range of nursing interventions, *Nursing Interventions Classification (NIC), 6th Edition* provides a research-based clinical tool to help in selecting appropriate interventions. It standardizes and defines the knowledge base for nursing practice while effectively communicating the nature of nursing. More than 550 nursing interventions are provided — including 23 NEW labels. As the only comprehensive taxonomy of nursing-sensitive interventions available,

this book is ideal for practicing nurses, nursing students, nursing administrators, and faculty seeking to enhance nursing curricula and improve nursing care. More than 550 research-based nursing intervention labels with nearly 13,000 specific activities Definition, list of activities, publication facts line, and background readings provided for each intervention. NIC Interventions Linked to 2012-2014 NANDA-I Diagnoses promotes clinical decision-making. New! Two-color design provides easy readability. 554 research-based nursing intervention labels with nearly 13,000 specific activities. NEW! 23 additional interventions include: Central Venous Access Device Management, Commendation, Healing Touch, Dementia Management: Wandering, Life Skills Enhancement, Diet Staging: Weight Loss Surgery, Stem Cell Infusion and many more. NEW! 133 revised interventions are provided for 49 specialties, including five new specialty core interventions. NEW! Updated list of estimated time and educational level has been expanded to cover every intervention included in the text.

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Master nursing skills with this guide from the respected Perry, Potter & Ostendorf author team! The concise coverage in *Nursing Interventions & Clinical Skills, 7th Edition* makes it easy to learn the skills most commonly used in everyday nursing practice. Clear, step-by-step instructions cover more than 160 basic, intermediate, and advanced skills — from measuring body temperature to insertion of a peripheral intravenous device — using evidence-based concepts to improve patient safety and outcomes. A streamlined, visual approach makes the book easy to read, and an Evolve companion website enhances learning with review questions and handy checklists for each clinical skill. Coverage of more than 160 skills and interventions addresses the basic, intermediate, and advanced skills you'll use every day in practice. Safe Patient Care Alerts highlight risks or other key information to know in performing skills, so you can plan ahead at each step of nursing care. Unique! Using Evidence in Nursing Practice chapter provides the information needed to use evidence-based care to solve clinical problems. Coverage of evidence-based nursing techniques includes the concept of care bundles, structured practices that improve patient safety and outcomes, in addition to the coverage of teach-back. Delegation & Collaboration guidelines help you make decisions in whether to delegate a skill to unlicensed assistive personnel, and indicates what key information must be shared. Teach-Back step shows how to evaluate the success of patient teaching, so you can see whether the patient understands a task or topic or if additional teaching may be needed. Recording guidelines describe what should be reported and documented after performing skills, with Hand-off Reporting sections listing important patient care information to include in the handoff. Special Considerations indicate the additional risks or accommodations you may face when caring for pediatric or geriatric patients, as well as patients in home care settings. A consistent format for nursing skills makes it easier to perform skills, organized by Assessment, Planning,

Implementation, and Evaluation. Media resources include skills performance checklists on the Evolve companion website and related lessons, videos, and interactive exercises on Nursing Skills Online. NEW! 2017 Infusion Nurses Society standards are included on administering IVs and on other changes in evidence-based practice. NEW Disaster Preparedness chapter focuses on caring for patients after biological, chemical, or radiation exposure. NEW! SBAR samples show how to quickly and effectively communicate a patient's condition in terms of Situation, Background, Assessment, and Recommendation. NEW! Practice Reflections sections include a clinical scenario and questions, helping you reflect on clinical and simulation experiences. NEW! Three Master Debriefs help you develop a better understanding of the "big picture" by synthesizing skill performance with overall patient care.

This comprehensive volume examines the possible complications that can arise in cutaneous surgery. The demand for outpatient cutaneous surgery procedures has increased at a rapid rate over the last several decades. As the number of cutaneous surgery procedures rises, so will the rate of complications, which are inevitable and occur even with the most skilled, careful, and meticulous surgeons. This work will help the practicing physician to formulate a preoperative strategy that will prevent complications before they occur as well as properly diagnose and manage complications if they arise, allowing the physician to provide optimal care to the patient.

Improve your understanding of the cardiopulmonary system with *Essentials of Cardiopulmonary Physical Therapy, 4th Edition*. Based on best practices prescribed in *The Guide to Physical Therapist Practice*, this new edition provides comprehensive coverage of anatomy, physiology, and cardiopulmonary assessment, along with expanded chapters on the growing topics of early mobilization of the ICU patient and acute care management. Using a practical approach, expert author Ellen Hillegass also discusses pathophysiology, pharmacology, and interventions in the outpatient setting. Evidence-based content reflects the latest research in the field and incorporates the use of ICF. Material uses best practices defined by the American Physical Therapy Association. Clinical tips give you real-world hints and suggestions from practicing clinicians. NEW! Expanded chapters cover early mobilization of the ICU patient and acute care management. NEW! Updated references emphasize evidence-based information from the text. NEW! Full-color printing enhances text.

Following an overview of America's "Shameful Prisons," this book dissects the stream of reprisals imposed upon the physician who blew the whistle to uncover a culture of mediocrity that tolerated severe deficiencies in the quality of medical care afforded to inmates in the Nebraska State prison system. Using two thousand pages of detailed incident reports and verbatim court transcripts, the author dramatizes the conflict by quoting what the protagonists actually said. The Nebraska Ombudsman spent fourteen months probing a dozen areas of alleged delinquency including diagnosis of

chest pain, transmission of communicable diseases, deteriorated equipment, insufficient training of nurses, wavering standards for referral to outside specialists, and inhumane pain management. Exhaustive documentation and extensive press coverage enabled the author to highlight both the hospital leadership's opposition to the Ombudsman's intervention and the Nebraska Governor's personal denigration of the Ombudsman. The findings of the Governor's blue ribbon Task Force echoed the Ombudsman's recommendations. The State Legislature enacted comprehensive and durable remedial legislation. "How trenchantly informing I find your "Prelude" on "Shameful Prisons to be. Needless to say, what it teaches is not something we want to learn. But, having sanctioned this incarceration regime, we American voters must sit still to hear the truth about what, in our willful stupidity, we have caused to happen." Thomas Schrock, Professor Emeritus, University of California, Santa Barbara "[This] is certainly a story worth being told and has important implications for correctional systems everywhere." Marshall Lux, Nebraska State Ombudsman

Textbook on Cutaneous & Aesthetic Surgery is a complete guide to the subspecialty. Beginning with an introduction to the principles of cutaneous surgery – anatomy, operating theatre, instruments, anaesthesia, emergencies and antibiotics - the following chapters examine both basic and advanced cutaneous surgical techniques and aesthetic procedures, with a separate section dedicated to the use of lasers and lights for surgery. The final section discusses topics such as patient satisfaction, psychological issues, medico-legal aspects, photography and teledermatology. With almost 1000 colour images and illustrations, this comprehensive manual is the official textbook of the ACS(I) (Association of Cutaneous Surgeons India). Key Features Comprehensive guide to cutaneous and aesthetic surgery for dermatosurgeons Discusses principles, basic and advanced cutaneous surgery and aesthetic procedures Section dedicated to lasers, lights and other technologies Examines miscellaneous topics such as psychological issues, medico0legal aspects and teledermatology Nearly 1000 colour images and illustrations Critical Care Pharmacotherapeutics presents information on the fundamentals of critical care practice from a pharmacist's point of view. This accessible text is an excellent introduction to critical care pharmacy. Pharmacy students, residents, and new pharmacists will learn about the medications used and approaches to pharmaceutical care for the critically ill patient. This text is also a helpful reference for students during an ICU advanced practice experience or for a pharmacy resident during an ICU rotation.

The newly revised fifth edition of this popular reference is a start-to-finish guide for more than 400 basic to advanced nursing procedures. It provides step-by-step instructions for each procedure and explains how to use and troubleshoot equipment. Covers essential critical care concepts, technology, and procedures. This title addresses the advances in high-acuity care and emphasizes patient safety and optimum patient outcomes.

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Bringing together comprehensive, easy-to-read coverage of medical assisting competencies and a solid foundation of anatomy

and physiology, Today's Medical Assistant: Clinical & Administrative Procedures, 4th Edition provides everything you need to successfully begin a career as a medical assistant. This hands-on guide uses easy-to-follow language and detailed visuals to walk you through all the medical knowledge, procedures, and skills you need for success in today's fast-paced medical office. Cutting-edge content is organized around medical assisting standards and competencies, supplemented throughout with a wide assortment of engaging learning tools and activities that help you to fully understand and demonstrate those competencies. The 4th Edition features enhanced coverage of healthcare law, certification, electronic health records, motivational interviewing, office management, and more, as well as additional procedures to address behavior-based competencies and expanded sample certification exams online. For tomorrow's professional landscape, look no further than Today's Medical Assistant! Consistent and meticulous coverage throughout all elements of the text and its learning package provide reliable content and unparalleled accuracy on the responsibilities of the modern medical assistant. More than 120 detailed, step-by-step procedures with illustrations are accompanied by skills videos online. UNIQUE! Effective learning aids include procedure charting activities, What Would You Do?/What Would You Not Do? scenarios, patient education and practice applications, and much more. Wide range of engaging learning activities on the companion website provide fun, interactive practice. NEW! New content on healthcare trends and laws, certification for Medical Assistants, electronic health records, motivational interviewing, office management, and more ensures that you have the latest information needed to obtain employment and long-term success on the job. NEW! New procedures address the affective (behavior-based) MAERB competencies to provide example-driven learning tools. NEW! Updated art program focuses on the workings of a modern medical office and includes updated illustrations and photographs of office procedures and medical records. NEW! Expanded and updated sample certification exams provide realistic practice to help you prepare to pass the test and launch your Medical Assisting career.

Get the best skills guidance on the market with Clinical Nursing Skills & Techniques, 9th Edition. Known for its clear and comprehensive coverage of over 200 basic, intermediate and advanced skills, this widely respected, bestselling text features nearly 1,000 full-color photographs and drawings, a nursing process framework, step-by-step instructions with rationales, and a focus on critical thinking and evidence-based practice. This edition also includes new coverage of patient-centered care and safety guidelines, an enhanced emphasis on QSEN core competencies, and an expanded clinical focus with specialized Clinical Debriefs, Teach-Back, and sample documentation throughout. Written by the highly respected author team of Anne Griffin Perry, Patricia A. Potter, and Wendy Ostendorf, this text offers all the guidance and tools you need to perform nursing skills with complete confidence! Comprehensive coverage includes 211 basic, intermediate, and advanced nursing skills. Coverage of QSEN core competencies incorporates the areas of delegation and collaboration; reporting and recording; safety guidelines; and teaching, pediatric, geriatric, and home care considerations into lessons. UNIQUE! Using Evidence in Nursing Practice chapter covers the entire process of

conducting research, including collecting, evaluating, and applying evidence from published research. Expert team of authors and contributors include some of the most respected individuals in the nursing field. UNIQUE! Unexpected Outcomes and Related Interventions sections highlight what might go wrong and how to appropriately intervene. Framework on the five-step nursing process gives context for specific skills and their role within overall client care. Streamlined procedural guidelines format makes it easy learn and review basic nursing skills. Clinical Decision Points within skills address key safety issues or possible skill modifications for specific patient needs. Rationales for each skill step incorporate the latest research findings and explain why steps are performed in a specific way, including their clinical significance and benefit. Video clip icons indicate video clips that are related to skills and procedures in the book and related lessons in Nursing Skills Online. Online checklists and video clips may be downloaded to mobile devices. NEW! Clinical Debriefs are case-based review questions at the end of each chapter that focus on issues such as managing conflict, care prioritization, patient safety, and decision-making. NEW! Streamlined theory content in each chapter features a quick, easy-to-read bullet format to help reduce repetition and emphasize the clinical focus of the book. NEW! Sample documentation for every skill often includes notes by exception in the SBAR format. NEW! SI units and using generic drug names are used throughout the text to ensure content is appropriate for Canadian nurses as well. Here's the essential information you need to know in critical care nursing — all in one concise text! Using a to-the-point, reader friendly approach, Introduction to Critical Care Nursing, 5th Edition, provides authoritative, real-world information on the important concepts of critical care nursing and the assessment and technical skills associated with the management of critically ill patients. The latest content on the technology makes it easy to learn and understand how to use the equipment you'll use in the field. Nursing care chapters are organized according to the nursing process framework, and you'll find detailed nursing care plans in every management chapter. Case studies and critical thinking questions challenge you to apply what you've learned, and user-friendly features throughout the text (updated pharmacology tables, clinical and laboratory alerts, and evidence-based practice boxes) help you bridge the gap between concepts and clinical practice. Nursing Care Plans provide nursing diagnoses, expected patient outcomes, and interventions with rationales to prepare you for clinical practice. Case Studies challenge you to apply concepts from the book to real-life patient situations to test their critical thinking skills. Streamlined and updated Pharmacology Tables detail the actions, indications, dosages and routes, and side effects of commonly used critical care drugs. Clinical Alerts promote optimal patient safety and outcomes by highlighting potential problems and concerns in the clinical setting. Laboratory Alerts discuss both common and cutting-edge tests and procedures, emphasizing the importance of laboratory test results to critical nursing care. Critical Thinking Questions in every chapter encourage you to use and

reinforce the concepts presented throughout the chapter. Now full-color throughout, new, vibrant artwork and anatomical images are in true-to-life color. A new chapter on end-of-life care covers ethical and legal matters, palliative care, withholding of therapies, and communication issues — all essential concerns confronting today's critical care nurse. New features on evidence-based practice, genetics, transplantation, and geriatric considerations offer realistic, easy-to-understand information on some of the most important and rapidly changing topics in critical care today.

Minimally invasive aesthetic procedures are an important part of dermatologists' day-to-day clinical routine. However, plastic surgeons are also becoming more willing to explore them, and minimally invasive cosmetic and aesthetic procedures are now an established interdisciplinary topic. *Minimally Invasive Aesthetic Procedures - A Guide for Dermatologists and Plastic Surgeons* addresses the needs of both these specialties. It provides a comprehensive overview of the most relevant and widely used minimally invasive procedures, presented in a practical and straightforward style. Rather than a broad overview of the literature, it offers a step-by-step guide to clinical procedures. Each chapter explores a single clinical procedure, discussing the theoretical basis; the materials needed; the methods and techniques; clinical follow-up; before-and-after illustrations; as well as the side effects and complications and their management. It also includes a summary of tips and relevant references. With more than a hundred procedures presented and discussed in a clinically applicable format, *Minimally Invasive Aesthetic Procedures - A Guide for Dermatologists and Plastic Surgeons* is a practical manual for all dermatology and plastic surgery practitioners who are interested in aesthetic medicine.

Care of patients with skin problems -- Care of patients with burns -- Assessment of the respiratory system -- Care of patients requiring oxygen therapy or tracheostomy -- Care of patients with noninfectious upper respiratory problems -- Care of patients with noninfectious lower respiratory problems -- Care of patients with infectious respiratory problems -- Care of critically ill patients with respiratory problems -- Assessment of the cardiovascular system -- Care of patients with dysrhythmias -- Care of patients with cardiac problems -- Care of patients with vascular problems -- Care of patients with shock -- Care of patients with acute coronary syndromes -- Assessment of the hematologic system -- Care of patients with hematologic problems.

ACSM's Certification Review is the ultimate resource to help you pass the exam to become a Certified Personal Trainer (CPT), Certified Health Fitness Specialist (HFS), or Certified Clinical Exercise Specialist (CES). Highlights include: · Case studies that reinforce concepts, organized by KSA domains · Practice Exams that contain questions for each certification level · Job Task Analysis tables that provide breakdowns of all the KSAs by certification level and domain

ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription was created as a complement to ACSM's

Guidelines for Exercise Testing and Prescription and elaborates on all major aspects of preventative rehabilitation and fitness programs and the major position stands of the ACSM. The 7th edition provides information necessary to address the knowledge, skills, and abilities set forth in the new edition of Guidelines, and explains the science behind the exercise testing and prescription. ACSM's Resource Manual is a comprehensive resource for those working in the fitness and clinical exercise fields, as well as those in academic training.

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